

Health Scrutiny Sub-Committee

Minutes of the meeting held on Wednesday 13 March 2019 at the Town Hall, Royal Leamington Spa at 6.00 pm.

Present: Councillor Parkins (Chair); Councillors Mrs Falp and Mrs Redford.

Also Present: Councillors Phillips and Thompson.

16. **Apologies and Substitutes**

There were no apologies received.

17. **Declarations of Interest**

There were no declarations of interest.

18. **Minutes**

The minutes of the meetings held on 20 November 2018 and 15 January 2019 were taken as read and signed by the Chair as a correct record.

19. **JSNA – Wave 1**

The Sub-Committee received a presentation from Ms Van de Venter, the Associate Director – NHS South Warwickshire CCG and Warwickshire County Council on the Joint Strategic Needs Assessment (JSNA) – Wave 1. Wave 1 had been conducted in the South Leamington, Whitnash and Bishop's Tachbrook areas.

The presentation explained what had been done in Wave 1 of the JSNA and as a result, what information had been acquired, such as:

- the areas housing large populations of students in South Leamington had been identified;
- overall life expectancy was good but a disparity between rich and poor areas was noted;
- there were high rates of fuel poverty in Leamington Spa town and the poorer areas;
- transport was not an issue other than in rural areas;
- crime was an issue around Leamington Spa Old Town;
- circulatory diseases, in particular, diabetes, gave cause for concern and work was required for detection and prevention.

As the presentation detailed the work done in Wave 1, Ms Van de Venter talked through the areas that required attention and where the focus would be. She explained that the feedback they had received to identify the issues had been gathered from local residents during four drop-in sessions. Members were provided with an Action Plan arising from Wave 1 of the JSNA which detailed the recommendations, what actions were required and where, and which organisation would be responsible for delivering them.

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Wave 1 research had now been completed; what people required had been identified, and some positive results were already underway. The area was close to having a mental health outreach centre for the homeless.

Wave 2 was about to start and it would look at rural areas such as Cubbington, Lillington and Warwick East.

The Head of Health & Community Protection was asked to circulate all the JSNA areas to Members.

The Chairman thanked Ms Van de Venter for explaining what had happened during JSNA – Wave 1.

20. The Health and Wellbeing Benefits of Warwick District Council's Direct Access Hostel

The Sub-Committee considered a report from Housing Services which explained how funding the Council had received from the Ministry of Housing, Communities and Local Government had been used in a number of initiatives aimed at preventing and reducing rough sleeping within the District.

The most important of these initiatives was William Wallsgrove House, the Council's first Direct Access Hostel.

In response to questions from Members, the Rough Sleeping Strategic Coordinator explained that:

- The Council shared intelligence with other agencies to determine where the homeless were and to gauge the size of the problem.
- The engagement with the hostel had been very positive and there had been a series of initiatives such as:
 - flu jabs;
 - financial advice; and
 - Everyone Active being asked to engage with the residents of the new hostel to promote exercise.
- The Council had achieved some success in getting people into private accommodation and supported accommodation.
- The Council had helped some of the homeless to make contact again with their family and friends by facilitating conversations or by engaging with Outreach to reconnect the homeless with family and friends.

Members were pleased to note the phenomenal success the project had had and noted that the Council would need to consider future funding. They thanked the Rough Sleeping Strategic Coordinator for her hard work, who pointed out that recruiting staff in this field was not easy because of the shift work and the transient nature of the "clients".

Resolved that the benefits of the direct access hostel to the health and wellbeing of the Rough Sleeping population be recognised.

(Councillor Phillips left the meeting.)

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21. Health and Wellbeing Approach 2018-19 Annual Update

The Sub-Committee considered a report from Health & Community protection which provided an annual update on the health and wellbeing approach and Action Plan.

Members noted that the Council had delivered quite a lot of the Action Plan.

In response to questions from Members, the Localities & Partnerships Officer and the Head of Health & Community Protection explained that:

- Housing Services dealt with hoarding issues, so that service would have to answer that question.
- It was difficult to engage with ex-Forces/Veterans to help them because they often had issues building trust with other people.
- The difficulty promoting breastfeeding was often getting mothers to start breastfeeding, but the Council had now made all of its buildings breastfeeding-friendly. Everyone Active had also made its premises breastfeeding friendly. This now needed to be properly communicated before it could be shown as completed and removed from the Action Plan.
- Falls were going to become a priority on the Action Plan. The JSNA had identified this as a problem needing attention.

The Chairman thanked the Localities & Partnerships Officer for explaining the Action Plan to Members.

22. Review of the Work Programme & Forward Plan

The Sub-Committee considered a report from Democratic Services which informed it of its work programme for 2018/19 and the current Forward Plan for March 2019 to June 2019.

The Sub-Committee felt that more Members were required on the Sub-Committee next year and would raise this with the Overview & Scrutiny Committee.

Resolved that:

- (1) "The Year of Wellbeing" be added to the Work Programme for the first main meeting;
- (2) JSNA Final Report be changed to JSNA Wave 2 Report for a date yet to be determined;
- (3) JSNA Waves 3 and 4 reports be presented in 12 months' time;
- (4) "Review of the Health & Wellbeing Approach and Action Plan" be added to the Work Programme for the next meeting;
- (5) "Promoting Health & Wellbeing in the wider District – Focus on Mental Health" be removed

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from the 23 July 2019 meeting and replaced with "Action Plan for Falls"; and

- (6) a report giving a re-review on the Homeless be presented to the Sub-Committee at a date yet to be determined.

23. Health & Wellbeing Outside Bodies Updates (Standing Agenda Item)

Warwickshire County Council Adult Social Care & Health Overview & Scrutiny Committee

Councillor Mrs Redford reported that she had already circulated minutes from the last meeting to Members. The Committee would be examining the Ambulance Service again because it was not hitting target times to incidents.

Warwickshire County Council Health & Wellbeing Board

Councillor Thompson, Portfolio Holder – Health & Community Protection reported that the Year of Wellbeing was off to a flying start and newsletters would be published. Parish Councils and the public would be encouraged to sign up for newsletters. He had spoken with WALC two weeks ago because it was felt that parish councils were not engaging with the process.

(The meeting finished at 7.35 pm)

CHAIRMAN
17 September 2019