



## Health Scrutiny & Overview Sub-Committee

**Agenda Item No. 9**

<b>Title</b>	<b>WDC Submission to the County Council Health and Wellbeing Board annual report</b>
<b>For further information about this report please contact</b>	Rob Chapleo, Health and Wellbeing Officer Email: <a href="mailto:rob.chapleo@warwickdc.gov.uk">rob.chapleo@warwickdc.gov.uk</a> Tel: 01926 456707
<b>Wards of the District directly affected</b>	All
<b>Is the report private and confidential and not for publication by virtue of a paragraph of schedule 12A of the Local Government Act 1972, following the Local Government (Access to Information) (Variation) Order 2006?</b>	No
<b>Date and meeting when issue was last considered and relevant minute number</b>	
<b>Background Papers</b>	

<b>Contrary to the policy framework:</b>	No
<b>Contrary to the budgetary framework:</b>	No
<b>Key Decision?</b>	No
<b>Included within the Forward Plan? (If yes include reference number)</b>	No
<b>Equality Impact Assessment Undertaken</b>	Yes

<b>Officer/Councillor Approval</b>		
<b>Officer Approval</b>	<b>Date</b>	<b>Name</b>
Chief Executive/Deputy Chief Executive	14/11/16	Andrew Jones
Head of Service	31/10/16	Marianne Rolfe
CMT		
Section 151 Officer		
Monitoring Officer		
Finance	14/11/16	Mike Snow
Portfolio Holder(s)	14/11/16	Moira-Ann Grainger
<b>Consultation &amp; Community Engagement</b>		
<b>Final Decision?</b>	No	
<b>Suggested next steps (if not final decision please set out below)</b>		

## **1. Summary**

- 1.1 The report outlines the work that it is being undertaken across the Council to improve the Health and Wellbeing of those who reside in, work in and visit Warwick District.

## **2. Recommendation**

- 2.1 That the committee note the report.

## **3. Reasons for the Recommendation**

- 3.1 The report outlines the work that is being undertaken across the council to deliver improvements in the health and wellbeing of residents, workers and visitors to Warwick District.

## **4. Policy Framework**

- 4.1 **Policy Framework** – The Report catalogues the work in which the Council engages to advance and protect the health and wellbeing of residents and visitors to the District.
- 4.2 **Fit for the Future** – The report details the work that contributes to the vision of making Warwick District a great place to live work and visit as set out in the Sustainable Community Strategy with specific reference to key policy priority areas of Health and Well Being, Community Protection and Housing. Proposals within the report set out how the recommendations contribute toward the 'Service' strand of policy.
- 4.3 **Impact Assessments** – There are no particular impacts of new or significant policy changes proposed in respect of Equalities.

## **5. Budgetary Framework**

- 5.1 There are no budgetary implications.

## **6. Risks**

- 6.1 There are no risks proposed by the report.

## **7. Alternative Option(s) considered**

- 7.1 No alternative options were considered.

## **8. Background**

- 8.1 Appendix 1 is a report which was submitted to the Health and Wellbeing Board for its 2016 annual report to demonstrate the work which Warwick District Council was undertaking to meet the boards Health and Wellbeing Strategy. At the time of writing the Board Annual Report has not been published.
- 8.2 Appendix 2 is an update of the report since submission.

- 8.3 In future, it is proposed that this report will be updated to provide the committee with an up to date picture of the full range of work delivered by the council which contributes to the health and wellbeing agenda.

## **Appendix 1:**

### **Warwick District Council**

### **Summary of Health & Wellbeing Interventions 2015/16**

#### **PROMOTING INDEPENDENCE**

##### Supporting Independent Living

- We have a programme of investments in the homes that we own and in the last financial year completed:
  - 41 minor adaptations
  - 22 major adaptations
  - 29 disabled showers fitted
  - Replaced window and/or door replacements to 206 properties
  - Installed 99 new kitchens
  - Installed 80 new bathrooms
  - Replaced 339 old boilers with new and efficient ones
- WDC fund **Age UK** to carry out **home safety checks** and provide up to one and a half hours of handy man services fitting locks, handrails etc. This service helps keep people safe and independent in their own homes. In the financial year 2015/16 209 home safety checks were carried out
- The **Lifeline** service is operated from the Council's control centre 24/7, 365 days a year, providing an emergency alarm service to all residents in our sheltered schemes and in those homes designated for older people as well as to those in the private sector across both Warwick District and Stratford District. For our residents we also provide a 24/7, 365 year emergency response service. Giving people peace of mind, knowing that assistance is at hand at the touch of a button
- We visit all our tenants on a cyclical basis, ensuring that we are having regular dialogue, in particular those who are difficult to reach and may have difficulties with the life skills required to maintain their tenancy. These issues are picked up in a pro-active way ensuring not only that people are looking after their homes, but are able to budget, and we know what support they may need or are receiving from other organisations. It also helps us identify those tenants with issues such as hoarding and we work with the tenant to help resolve these problems.

##### Financial Inclusion

- We continue to support all of our tenants to live independently in their own homes in order that they can sustain their tenancy. We have our own team of financial inclusion officers and housing support officers, who can, when and

where necessary, provide personal support depending on peoples circumstances such as help with budgeting, debt counselling (our officers are MIMA qualified members of the Institute of Money Advisers), and improve life skills. We help tenants apply for benefits and facilitate applications for grants from charities and other organisation in order to help them reduce debt and obtain white goods and carpets, totalling £70k and preventing 14 evictions

- Award of 25% council tax discount to single occupiers
- Award of council tax disablement reduction
- Award of housing benefits
- Award of council tax reduction (previously council tax benefits)
- Award of Discretionary Housing Payments
- **'Warwick Advice'** – jointly commissioned by WDC & Orbit Heart of England, delivered by Warwick District Citizens Advice, reaching people in most significant need who wouldn't normally present themselves directly to CA. 60 households supported in first 6 months - £102k income maximised, £50k additional benefits claimed, £90k of debt managed, £3,600 energy savings and increased access to health and social care
- Housing work in partnership with **Act on Energy** and refer customers (not just tenants – this work is also delivered by private sector housing) to enable them to access the various grants available. Private Sector Housing has awarded discretionary grants to replace boilers and install heating systems, as well as arranging for boilers to be serviced and minor repairs undertaken, where customers fell outside Act on Energy/Energy Company Obligation at the time
- The **Rental Exchange** – a national initiative geared to improve tenants credit ratings by sharing their payment records with Experian in order to improve their credit ratings – We have had Executive approval to complete stage one (whereby Experian analyses tenants payment records to establish by how much their credit rating will improve by) – once that information is received we will take a further paper to Executive for approval to proceed with full integration
- We are working with **City Save Credit Union** to try and establish a high quality credit union in the area to deliver affordable credit to our financially excluded tenants. This will be a phased development that may mean a financial commitment by WDC. This decision will lie with the Executive
- **Fuel Poverty** – in late 2015/early 2016 the Council ran, in partnership with Warwickshire County Council and Act on Energy, a targeted energy advice campaign in the St John's area of Kenilworth. This involved offering expert advice on the doorstep to over 600 households and running a drop-in session at a local community centre

- The Council supports the running of 3 **Employment Clubs** through the VCS Commissioning Contracts

### Affordable Housing & Meeting Housing Need

- We carry out medical assessments which show how people's current housing circumstances could be impacting on their health. This helps us to prioritise housing need when someone is eligible to join the Housing waiting list for a move to a home that is more suitable for their needs.
- In 2015/16 we enabled 186 new affordable homes with 72 for social rent, 56 for affordable rent and 58 for shared ownership. These were a mixture of one, two, three and four-bedroom properties and included houses, flats and bungalows. They were for the most part provided by housing associations but also included the first new council homes of the 21<sup>st</sup> century."
- A major new affordable housing scheme in centres of Warwick and Leamington starts October 2016 - Print Works and Station Approach respectively which will deliver over 200 affordable housing units between them
- Caravan sites - we only have two park home sites in the district, which we ensure meet the statutory requirements to support the health and wellbeing of the residents.
- Gypsy and Travellers - we currently have no sites within the district. However, we have a commitment in the Local Plan to provide 31 permanent pitches to help meet the needs of Gypsies and Travellers.
- Private Sector Housing Strategy - the Private Sector Housing Strategy is contained within the WDC Housing Strategy 2014 – 17. The main priority is to raise housing standards throughout the Private Sector within the District. Poor housing which can be unsafe and lack adequate facilities clearly has a major impact on the health and wellbeing of the occupiers. Other key elements of the Strategy are providing information and advice about landlord and tenant's rights and responsibilities, investigating the extension of licensing for Houses in Multiple Occupation, raise housing and management standards and bring empty homes back into use

### Digital Inclusion

- We provide IT suites in all of our sheltered schemes for older people. Tenants can access the tenant's portal on the WDC web-side to access information about their housing applications, rent account etc.
- WDC has made a significant financial contribution to the Coventry, Solihull and Warwickshire Superfast Broadband project (CSWSB). Using central government, local government and private sector funding, this project aims to bring broadband to communities where superfast broadband would not be

commercially viable. As of Feb 16, an additional 3993 properties in the district now have access to superfast broadband. Broadband is a critical enabler, allowing citizens to access a broad range of services.

- Building on the above, the Council's Digital Strategy is focused on delivering an increasing range of Council services digitally. This will assist those citizens who are unable to transact with the Council through traditional channels or are unable to travel due to personal circumstances or due to poor transport links.
- As the Smartphone becomes pervasive in our society, the Council is also committed to delivering its digital services on these devices. This will ensure that those who do not wish to invest in fixed line broadband can also benefit.
- The Council is also seeking to equip its staff with new technology that will enable staff to deliver a broader range of Council services outside the office including in citizens homes.
- Finally the adoption of these technologies will assist in removing unnecessary and avoidable contact from the Council. At a time of reducing resources, the aim of the Digital Strategy will be to create additional capacity within the Council for staff to deal with those citizens who, through personal circumstances or choice, need to access our services directly

### Vulnerable & Older People

- We run sheltered schemes for older residents within the district. Housing Support Officers are available to contact residents on a regular basis to ensure that they are well, encourage them to engage in social activities within the scheme and beyond, and refer to other agencies as needed and when there is a decline in health or need for more support or care. This service is also available to those tenants living in our flats and bungalows designated for older people.
- Activities are held at our sheltered schemes and community rooms for both residents and the wider community, including lunch clubs and coffee mornings, keep fit classes, whist, bingo and dominos and movie nights, which helps reduce isolation and improves well-being.
- We also let out our facilities to groups such as Age UK, the Alzheimer's Society and the Asian Elders
- Housing are members of the Warwickshire Housing Related Support Strategic Group, working with WCC, Public Health and Probation to ensure that the Housing Related Support contracts are managed and that support is made available and accessed by those who need it
- The Sayer Court development is a new Council housing scheme of 80 units for the active elderly equating to circa £13 million investment

- 63 customer facing staff in Housing, Finance and Cultural Services, are trained to be '**Dementia Friends**'. A **Dementia Action Plan** has been produced and submitted towards Warwick District becoming a **Dementia Friendly Community**
- WDC has been instrumental in recent years in helping to establish **Food banks** across the district for those experiencing hardship and crisis and provides continued support via various funding streams
- Winter Night Shelter – active partner in the multi-agency working group led by Warwick University Students Union which resulted in the establishment of additional winter support for the most vulnerable people in the district
- WDC's community development workers have worked with local volunteers to establish the Live Life & Activitea Projects. Both projects are aimed at tackling the issues of isolation and loneliness among older people in Warwick. The aim is to develop a co-ordinated approach to activities in Warwick
- The work of WDC's Arts Development Service is involved in a broad variety of projects that use the arts & culture to have a positive impact on community wellbeing and on the physical & mental health of older & vulnerable people e.g. working in partnership with Paintings in Hospitals (recognised by the Department of Health, NHS & Arts Council England as a leading provider of arts in health services) to make arts accessible in health & social care settings

## **COMMUNITY RESILIENCE**

### Building community capacity

- Eight years ago the Council established a dedicated team, the Community Partnership Team (CPT), their key role being to '**help communities to help themselves**'. They do this by:
  - Utilising hubs/networks to provide support to the most vulnerable groups via good neighbour schemes, befriending and volunteering
  - Providing opportunities for communities to make their voice heard e.g. community forums, estate action days & events
  - Providing access to funding opportunities for the voluntary and community sector and supporting groups with grant applications/bids
  - Leading, managing and delivering grassroots targeted community development within the 4 priority neighbourhoods based on local intelligence and data e.g. social inclusion index
  - Organising community events in each of its priority neighbourhoods bringing services, information and advice to those communities as well as fun activities and free food to help promote community pride and spirit

Acting as conduit between other service areas and the community facilitating consultation and engagement to improve service delivery and meet customer needs

Leading and supporting new and existing partnerships and engagement opportunities for people, groups and agencies to connect with each other and engage in local discussions on issues and concerns facing local communities

Mapping community assets and community needs

Supporting elected members in their community leadership role

#### Access to services & resources

- VCS Commissioning Contracts 2015 - 2018 - £330k per annum allocated to community hubs, Citizens Advice and WCAVA to deliver services to the most vulnerable and disadvantaged
- Warwick District Council operates a Rural/Urban Initiatives Scheme which gives grants (£1,000 - £30,000) to local, not-for-profit community organisations which make use of volunteer labour towards capital projects within the Warwick district area. In 2015/16 11 awards were made totaling £156,000.
- The Council's Small Grants Scheme (£11,600) has funded 18 community projects during 2015/16
- The annual allocation of £35k to the 7 Community Forums in the district, together with county councillor contributions, has helped support 81 community projects during 2015/16
- In 2015/16 WDC allocated £11,800 of grant funding to 32 separate "sports and physical activity" projects and £14,000 of Arts Development Grant funding supporting 17 groups/projects
- Last year Housing provided grants to three resident association groups, in addition a programme of environmental improvement work requested by our tenants was carried out throughout the district on plants, shrubs, flower beds, benches, electrical lighting works, lighting in communal areas, and fencing works to curb anti-social behaviour
- The support of a WDC community development worker and start-up funding from the local community forum has enabled a Health Visitor session to run from one of the council's high rise blocks in Lillington to encourage the hardest to reach families with under 5's to engage. Families are WDC tenants and up to 10 families have been using the weekly session, which provides health visitor and peer support plus drinks toast and fruit
- WDC community development workers run a monthly coffee morning in one of the high rise blocks. Although small in number, it has generated individual casework and raised housing and community safety issues. Police and Housing officers attend. This was in response to a door knocking consultation which

highlighted issues of isolation and loneliness and poor access to housing support, repairs and advice.

- £11,500 of **flood alleviation grants** awarded to residents of Eathorpe and Kenilworth for the purchase of flood defence equipment
- WDC Planning, working with the Community Partnership Team and WCC colleagues in Property and Public Health, are actively investigating how the opportunities created by the potential **regeneration in Lillington** (in conjunction with the allocation of housing in this area in the Local Plan) can best support local communities to address needs. Currently a community stakeholder workshop is being organised to explore this in more detail
- The **Armed Forces Community Covenant** (AFCC) is a voluntary statement of mutual support between a civilian community and its local Armed Forces Community. It is intended to complement the Armed Forces Covenant, which outlines the moral obligation between the Nation, the Government and the Armed Forces. WDC is a member of the AFCC sub-regional co-ordination group which was established to manage the operational direction; development and implementation of the AFCC within the sub region and to monitor delivery against the associated action plan. WDC organised an awareness raising event in November 2015 targeting the social housing sector and voluntary and community sector. An online Armed Forces Survey was launched at the November conference to establish how many Armed Forces personnel live in the district, ascertain their support needs and continue to raise local awareness of the AFCC. A local action plan will be developed based on the outcomes of that survey.

#### Influencing decision making

- **Community Forums** provide opportunities for residents to bring issues and concern directly to service providers, elected members and safer neighbourhood teams and the grants attached to forums have funded a multitude of community projects that promote health and wellbeing and help to build community resilience
- Key pieces of work have been recognised by the Electoral Commission in relation to the work WDC does with care homes and universities to ensure that people are registered to vote.
- Additionally and indirectly there are issues being addressed such as polling station accessibility, meeting accessibility and the principle of coterminous boundaries for all levels of local government so it is easy for electors/the public

#### Feeling safe

- We provide a broad range of services including CCTV, tackling anti-social behaviour, domestic noise nuisance, smells, accumulations, stray dogs and pest control. We also provide a service for public health funerals. We work closely

with a number of voluntary agencies supporting the vulnerable and helping individuals to move on

- The South Warwickshire Community Safety Partnership (SWCSP) is the body responsible for reducing crime, disorder and substance misuse in the south of the county and current priorities are reducing violence, anti-social behaviour and re-offending. SWCSP is also responsible for carrying out Domestic Homicide Reviews. We work closely with the University of Warwick and the Students Union on our 'Going Out & Staying Safe' campaign and our unique off-campus **Leamington Street Marshall scheme**. We support and work closely with Leamington Street Pastors and provide a base for their voluntary work
- As part of the **Going Out and Staying Safe** initiative we host a number of Your Town, Your Choice events. There are 3 elements being high visibility, licensing enforcement and education.
- We engage with the target group (18-30yrs), the most likely to be victims of violence and most likely to be perpetrators of violence and rowdy behaviour. We close parts of the town to traffic and put on attractions including breathalysers, beer and drug goggles on a driving simulator and drinking time machine app. We take the chance to give advice on how to have a safe night out including the dangers of legal highs, drinking in moderation, sticking together and getting home safely. We are about to take this advice to sixth form colleges
- We have just submitted Leamington Town Centre for **Purple Flag accreditation** and were assessed in July. We are confident that we will achieve this standard for a safe, attractive and diverse town centre and will be continuing to work with key stakeholders to deliver improvements identified in the accreditation process
- We work together across the county in terms of supporting Priority Families, Safeguarding and anti-social behaviour through the E-CINS case management system
- WDC played a pivotal role, working with police, WREP, the local Gurdwara and Victim Support in organising a community event in July as part of the **#westandtogether** campaign to address concerns about hate related crime incidents and reassure communities in the aftermath of the EU Referendum
- **Event Safety Advisory Groups (SAGS)** are held for all WDC events and for a large percentage of the events run within the district. There were 40 SAGS in 2015/16. A multi-agency group meet to discuss the plans of the event to ensure the health, welfare and safety of those attending or affected by the events.

- The **Food Safety Team** undertook 1009 inspections and audits of food business in 20015/16. They provide all new food businesses (170) with two advice visits before they are entered into the formal inspection regime. These visits cover both food safety matters and health and safety. The team promote the use of safer workplace, better business and safe food. Better business assists businesses in complying with the requirements under the legislation and protecting persons from harm
- Food Safety Officers also attended 109 temporary events in 2015/16 and inspected 470 individual stalls
- WDC operates the Food Standards Agency Food Hygiene Rating Scheme and 77% of those businesses which are eligible for the scheme hold a 5 and 94.1% of food businesses are broadly compliant with the legislation
- The team dealt with 79 food alerts and 192Kg of illegally imported food in 2015/16
- In 2015/16 they investigated 166 cases of infectious disease notifications to identify source, provide advice and implement any necessary control measures. This has included a number of outbreaks of food borne illness
- The team undertook 3 health promotion campaigns in partnership with the FSA
- The team actively promote the Heartbeat Award Scheme. They issued 16 awards in 2015/16
- The team undertook 106 health and safety intervention with businesses in 2015/16. This included intervention on the following areas: Voluntary Bonfire and Firework Display Registration Scheme; Legionella in indoor water features; unregistered tattooists; fragile roofs and working at height; and goal post safety
- They dealt with 103 notified accidents and investigated 14 serious accidents
- The team dealt with 836 requests for information, advice or complaints for food safety and health and safety matters
- The team undertook the assessment of 730 applications for licences or notices under the licensing Act 2003. They also undertook 85 compliance inspections of businesses to ensure compliance with the licensing objectives
- The team undertook the assessment of 851 applications for licences under hackney carriage or private hire licensing regimes. They also inspected 209 vehicles to ensure compliance with the conditions required by their licence
- The team undertook 8 compliance inspections of gambling premises to ensure that the gambling licensing objectives were being met

- Child Sexual Exploitation and Safeguarding training has been delivered to staff and made available externally e.g. taxi drivers
- The team undertook a review of the Sexual entertainment licensing, street trading and taxi licensing regime policies

#### Improving the physical environment & promoting community pride

- WDC Housing has gifted land to community gardening social enterprise schemes to enhance the environment for local tenants, encourage the growing and eating of fresh fruit and vegetable and increase the number of volunteer gardeners
- The Community Partnership Team, Neighbourhood Services and Tenancy Engagement are working together on a number of community initiatives with local community hubs to address problems of fly tipping and littering and encourage community pride and respect for the environment
- There are regular **community clean up days** across the district facilitated and supported by the Community Partnership Team, Neighbourhood Services and Tenancy Engagement working with community groups, residents associations, volunteers and Warwick University
- The Councils' **Green Space Strategy** has resulted in improving access to key sites making the green spaces/parks usable for the whole community. It has brought improved and increased play options catering for all ages, offering more dynamic play opportunities bringing together all age groups, for being out and active, interacting with each other with improved inclusive equipment:

Cubbington Waterworks and Redland Rec – through improved footpath linkages and new equipment has increased the usage of the Rec bringing people out enjoying the green spaces through physical activity and social interaction

Gym Equipment at Eagle Rec and Cubbington Waterworks has targeted the 'get active' route and encouraged people to use the equipment providing a no cost method of getting physical exercise

Gym Equipment is going to be introduced in other sites such as Redland Rec, Millbank, Priory pools, Mason Avenue and others

- The Council has facilitated and supported the setting up of new '**Friends of groups**' for Midland Oak and Wych Elm Drive with the intention of two more groups for Redland Rec and Cubbington Works. There are now 16 such groups across the district.

- Ways that we encourage health & wellbeing in our parks:

Keeping parks and open spaces clean, safe and well-maintained. People are more likely to use a nice environment which feels safe and has little evidence of graffiti and vandalism

Linking parks and open spaces together so that residents & visitors can walk between them e.g. Riverside Walk from Newbold Comyn to St Nicholas Park  
Play equipment – inclusive play equipment for a range of ages (not just toddler or junior only) so that children are encouraged to play throughout their childhood (and therefore exercise!). Also incorporate play equipment for wheelchair users (e.g. roundabouts you can put wheelchairs on, swings you can lay down on)

Volunteering – Warwickshire Wildlife Trust run volunteering groups as part of their management of our Local Nature Reserves. These help keep our LNRs maintained at a good standard and encourage people to get involved in their community

Events – over 2000 people attend community ranger-led events each year. These events (which are educational in nature) often incorporate walking so that children (and adults) don't even realise they are exercising

School group visits – community ranger worked with over 850 school children last year. Schools visit Jephson Gardens to learn about the environment. The project bed in the Sensory Garden encourages children to grow plants. This year, Project Pumpkin involved 250 students from 10 local schools (ranging from nursery to 6<sup>th</sup> form). The students grew pumpkin plants for the Sensory Garden and the produce will be taken back to the schools when ripe. This encourages healthy lifestyles - growing your own food and eating fruit/veg

Friends Groups – help encourage social cohesion and get residents from different backgrounds communicating with one another. People can make friends through the groups, reducing loneliness. Groups also raise money through fundraising and grant applications to improve parks and open spaces. Provide a point of contact for people who might not feel they can talk to the local council

There are various exercise groups that use our parks (Park Run, Wheelie Fit, Military Fitness) and the sports facilities within them (tennis courts, bowls greens, footpath pitches etc.)

- Encouraging healthy lifestyles through education e.g. Project Pumpkin, where school children grew pumpkins for Jephson Gardens (pumpkins will be sent back to schools when ripe). Promotes gardening and growing food to youngsters
- Secured over £1m to improve Pump Room Gardens as a public open space in Leamington
- The Council has an active **Playing Pitch Strategy** which was informed by an audit of local provision and needs and which looks to take a strategic approach to outdoor sports provision across the district

## Healthy Lifestyles

- WDC is in the process of tendering for an **outsourced leisure provision** to provide a future viability of the leisure centres. The Service Specification underpinning the contract requires the operator to work with the Council to offer a range of services that are accessible to all and which seek to increase the levels of physical activity undertaken by all sectors of the local community
- The Council is also working with Leamington Football Club to identify a delivery model that could see the **construction of a Community Stadium** that will include a range of facilities available for community use
- The Council is currently developing a master plan for St Marys Lands in Warwick to encourage greater use and improvement of a range of community and sports facilities
- Provision of a wide range of cultural and sporting activities makes a significant contribution to providing residents of the district with opportunities to lead healthy lifestyles. This is achieved through direct provision of services (leisure centres, sports activities, theatre, art gallery, museum), but also through the support provided by WDC officers to local arts and sports organisations who are a key element of this provision
- Specific physical activity projects target key sectors of the district where participation levels are low e.g. Active South Leamington Project in partnership with Warwickshire Association of Youth Clubs, Sky Blues in The Community and Support Sport Ltd. This project has been funded in the main by the Sport England Community Sport Activation Fund. WDC have funded £4500 over the 2 year project and awarded £1200 in May 2016 to support elements of project sustainability
- WDC has an excellent record of mass events encouraging local participation:
  - National Bowls championships which brings health and wellbeing benefits to those participating and attending
  - 2 Castles, Regency Run and Half marathon (annual)
  - Women's Tour (June 2016)
  - Support for Park Run (over 300 per week at Newbold Comyn) and "Run Like a Girl"
  - Club Cycle Races (Victoria Park)
  - Warwick Annual Regatta, Canoe and Kayak events
  - European Race Walking
  - GB Series Archery
- WDC cultural services provide a range of services for children and young people:

Free swimming for Under 4's

Working with School Sports Partnership. We annually support our School Sports Partnership with funding and access to facilities to support the School Games competitions

Holiday activity programmes which provide a wide range of low cost activities. We also coordinate a programme each holiday period which includes external partner information e.g. local clubs/groups

- WDC work in partnership with CSW Sport on specific projects under the **"This Girl Can" & "Run like a Girl"** projects. We trailed a swimming promotion 'Bring a friend for Free' to target and encourage women to increase participation in our swimming activities
- WDC has supported Bishops Tachbrook Parish Council in the development of their Health and Wellbeing Plan. A Working Group was set up by the Parish with Parish Council, Sports and Social Club, Primary School and District Councillor working in partnership with WDC to deliver a range of joined up projects for the parish as it grows
- WDC are providing project development support to Warwick Sea Scouts for their proposed new HQ and boatyard facility. The project is designed to enhance the sport and social benefits for young people and allows the Group to expand its numbers and impact upon the Warwick youth community.
- The Council is a partner in the **Fitter Futures Family Weight Management project** managed by Rugby Borough Council and which promotes healthy lifestyles amongst targeted families in the district
- In collaboration with Warwick Hospital, funding from Public Health was secured to establish **'Measured Miles'** to encourage moderate activity for staff, patients and public
- **Social Prescribing** – WDC is working in partnership with WCC, Public Health, CCG and Brunswick Hub in development a social prescribing approach with the Waterside Medical Centre in Brunswick Ward. The VCS Contract with the Sydni Centre is also helping the support the delivery of similar with Croft Medical Centre serving the Sydenham area
- **Exercise Referral Schemes** - Working in partnership with "Fitter Futures Warwickshire" to deliver an Exercise Referral Programme to the residents of Warwick District. Also working with CSW Sport to deliver complimentary scheme with selected GPs to support targeted individuals to physical activity and provide the peer support to maximise the uptake on the scheme
- **Community Cafes** continue to thrive at community hubs across the district funded via the VCS contracts, community forum grants and the Council's Small Grants Schemes. These cafes are providing much needed social

interaction opportunities for the most vulnerable and socially isolated people living in our most deprived areas

- The council's community development workers (CDW) have helped to promote the **Community Veg Bag Scheme** in both Warwick and Leamington, starting up the collection point in the Packmores Centre which is still running and promoting the Lillington collection point in the community newsletter
- The "**Canny Cooking Project**" arose from a networking group coordinated by WDC and Gap CDWs in Warwick and was a partnership of The Gap Community Hub, Saltisford Church, Foodbank and a local food project. A recipe book was produced with very simple recipes, many using the ingredients commonly given in food bank bags. Cookery workshops were also held and samples of food were given out at the launch. The booklet has been disseminated far and wide

## **INTEGRATION AND WORKING TOGETHER**

- H&WB has been woven into the following **council strategic plans and projects** :
  - Local Plan
  - Leisure Development Programme
  - HQ relocation
- Health and wellbeing is an integral part of the new **Local Plan**. There is a section on "Health, Safe & Inclusive Communities" and this contains policies of a range of health and wellbeing matters.
- An H&WB **Overview Scrutiny Sub-Committee** has been established. It has reviewed topics which have included measures that WDC is taking to look after its own staff, how well the Council is promoting H&WB in the wider community and NHS provision of services. The Committee has a clearly defined Work Programme
- WDC audits and awards qualifying local employers with the **Workplace Wellbeing Charter**
- The Council is engaged in a wide range of local, county wide and sub-regional partnerships/groups which all address the wider determinants of health and wellbeing, examples being:
  - Warwick District Poverty Forum
  - Warwick District Faiths Forum

Warwick District Mental Health Forum  
Priority Families – strategic board and local coordinating group  
Warwickshire Financial Inclusion Partnership  
Joint Healthy South Warwickshire Group  
Warwickshire Food for Health Group  
Armed Forces Sub Regional Forum  
South Warwickshire Community Safety Partnership  
South Warwickshire Community Development Network  
Warwick District Communities Together Network

- WDC is a key partner on the Priority Families Board and there is regular input and involvement of Tenancy Officers, ASB officer and Environmental Health on the Priority Families Local Coordinating Group
- WDC has funded a **Priority Families Key Worker** located in the Tenancy Team which has resulted in a more joined up approach within the council in addressing the needs of challenging families and has facilitated earlier intervention to prevent problems escalating. The key worker also works closely with the Financial Inclusion Team to help support families in rent and/or council tax arrears
- The Council's VCS Commissioning priorities are aligned with the WDC Fit for the Future Strategy and the Sustainable Community Strategy. These priorities are focused on addressing the wider determinants of health with specific focus on mental health, reducing social isolation and financial exclusion
- WDC has been a key partner in the **Joint Healthy South Warwickshire Group** for the past 5 years and has contributed £10k per annum towards the associated grant fund to support local groups deliver health and wellbeing interventions
- WDC is an active member of the **Warwickshire Food for Health Group**, providing a food safety element of expertise to coordinate efforts to promote healthy food choice and affordability
- In Lillington we are working with 3 GP surgeries to see if we can help them set up a super surgery to better target an area of economic and social deprivation by using our land. Additionally we are supporting 2 GP surgeries to relocate to better premises as part of a joint programme in central Warwick
- Warwickshire Wildlife Trust run regular volunteer sessions in our Local Nature Reserves, encouraging people to integrate with one another
- Whitnash Community Centre is a community led project to construct a **Sports and Community Hub in the Town of Whitnash**. WDC has part funded a feasibility study for the project that would see the facility house a base for the Town Council, Library and One Stop Shop, Sports hall, community hall, café and drop in space for the Police. The project now has the full support and

involvement of Whitnash Sports and Social Club and Whitnash Primary School. This will ensure an integrated and cohesive sport and social community project to meet the health and well-being requirements of the local community

- WDC contributes funding to the annual Public Health Warwickshire '**Big Day Out**'
- '**Breathing Space'** – Celebrating the second year of partnership working in Warwick District. Based at the Brunswick Hub an innovative way to deliver debt and money advice by working in partnership with Housing Providers in the area to provide tenants and residents of Warwick District some "breathing space" between their problems and resolution.

### **HWB Interventions: Supporting our own staff in the workplace**

- The Council has now been awarded the **Workplace Health and Wellbeing Charter**
- The new **People Strategy (PS)**, to be driven and monitored by the PS Action Group and Strategic Group and incorporates the following H&WB objectives:
  - Review reasons for sickness and look at ways of preventing. Awareness sessions i.e. Back Care, Infection control, Gastro enteric & respiratory infections
  - Health and wellbeing information is cascaded to all employees on topics such as healthy eating, smoking, alcohol, physical activity and mental health on a regular basis. Ensure better sign posting to support services and the development of an intranet health and wellbeing portal
  - Enhance the approach to preventing stress and raise mental wellbeing awareness. Review current policies to encompass mental wellbeing.
  - Guidance for managers/staff should be implemented on how to support individuals who have issues that affect their mental health
  - Develop and embed a Physical Activity Statement; this area needs to be developed with an on-going programme of activities promoted and possible link to existing informal arrangements already in place.
  - Develop and embed a Healthy Eating Commitment statement to address any barriers to healthy eating in the workplace
- An example of specific initiatives to encourage healthy transport amongst staff is **BUG**, the Bicycle Users Group. Resources have been deployed to set aside accommodation and provide facilities to encourage cycling to work
- The intranet, extranet and health awareness days are used to promote **healthy lifestyle messages**.
- 70 staff and members are currently participating in the **Global Challenge**.
- Three MECC **training sessions** for frontline staff have been delivered.

- The **Smoking Policy** has been revised to incorporate the use of electronic cigarettes within the definition of smoking and to be subject to the same controls. **National No Smoking Day** is used an opportunity to promote smoking cessation internally and externally. Enforcement action is taken by Council officers for breaches of the Health Act in smoking-related cases
- **Health Champions** have been incorporated into the main **Staff Voice** (SV) group. SV membership consists of around 30 staff representing all the service areas. SV meets monthly to discuss a range of subjects, whether standing items such as Health & Wellbeing, People Strategy Action Plan or questions raised on behalf of staff. SV reps attend Managers' Forum and also feed proposed solutions back up to SMT

**Liz Young**

**Community Partnership Team Manager**

**Health & Community Protection**

**2 September 2016**

## **Appendix 2:**

### **Summary of Health & Wellbeing Interventions 2015/16**

#### **NOTABLE PROGRESS SINCE APPENDIX 1 AS AT CURRENT DATE**

##### **Feeling safe**

- We have been awarded a Purple Flag for Leamington Town Centre. We achieved the standard required and demonstrated a number of outstanding features for a safe, attractive and diverse town centre.

##### **H&WB Interventions: Supporting our own staff in the workplace**

- An example of specific initiatives to encourage healthy transport amongst staff is BUG, the Bicycle Users Group. Resources have been deployed to set aside accommodation and provide facilities to encourage cycling to work. A cycle to work day was arranged, to include expert partners to promote cycling topics, and was delivered.
- 70 staff and members participated in the Global Challenge. Our winning team came 193 out of 48,677 world-wide.