

	<b>Health Overview &amp; Scrutiny Sub Committee – 21 November 2017</b>	<b>Agenda Item No. 5</b>
<b>Title: Health and Wellbeing Annual Update Report</b>		
<b>For further information about this report please contact</b>	Marianne Rolfe Head of Health & Community Protection  01926 456700 <a href="mailto:Marianne.rolfe@warwickdc.gov.uk">Marianne.rolfe@warwickdc.gov.uk</a>  Bernadette Allen Localities and Partnership Teams  01926 456020 <a href="mailto:Bernadette.Allen@warwickdc.gov.uk">Bernadette.Allen@warwickdc.gov.uk</a>	
<b>Wards of the District directly affected</b>	All	
<b>Is the report private and confidential and not for publication by virtue of a paragraph of schedule 12A of the Local Government Act 1972, following the Local Government (Access to Information) (Variation) Order 2006?</b>	No	
<b>Date and meeting when issue was last considered and relevant minute number</b>		
<b>Background Papers</b>	Nil	
<b>Contrary to the policy framework:</b>	No	
<b>Contrary to the budgetary framework:</b>	No	
<b>Key Decision?</b>	No	
<b>Included within the Forward Plan? (If yes include reference number)</b>	No	
<b>Equality and Sustainability Impact Assessment Undertaken</b>	Yes	

<b>Officer/Councillor Approval</b>		
<b>Officer Approval</b>	<b>Date</b>	<b>Name</b>
Chief Executive/Deputy Chief Executive	10/11/17	Andrew Jones
Head of Service	06/11/17	Marianne Rolfe
CMT	10/11/17	Andrew Jones
Section 151 Officer		
Monitoring Officer		
Finance	10/11/17	Mike Snow
Portfolio Holder(s)	10/11/17	Councillor Andrew Thompson

<b>Consultation &amp; Community Engagement</b>	
<b>Final Decision?</b>	No
<b>Suggested next steps (if not final decision please set out below)</b>	

## 1. SUMMARY

- 1.1 The report provides an annual update of the progress being made in delivering the councils Health and Wellbeing approach and on improving the health and wellbeing of the communities within Warwick District.

## 2. RECOMMENDATION

- 2.1 That the committee note the work being undertaken

## 3. REASONS FOR THE RECOMMENDATION

- 3.1 Members requested an annual update on progress

## 4. POLICY FRAMEWORK

### 4.1 Fit for the Future (FFF)

The Council's FFF Strategy is designed to deliver the Vision for the District of making it a Great Place to Live, Work and Visit. To that end amongst other things the FFF Strategy contains several Key projects.

The FFF Strategy has 3 strands – People, Services and Money and each has an external and internal element to it. The table below illustrates the impact of this proposal if any in relation to the Council's FFF Strategy.

FFF Strands		
People	Services	Money
External		
Health, Homes, Communities	Green, Clean, Safe	Infrastructure, Enterprise, Employment
<u>Intended outcomes:</u> <ul style="list-style-type: none"><li>Improved health for all</li><li>Housing needs for all met</li><li>Impressive cultural and sports activities</li><li>Cohesive and active</li></ul>	<u>Intended outcomes:</u> <ul style="list-style-type: none"><li>Area has well looked after public spaces</li><li>All communities have access to decent open space</li><li>Improved air quality</li></ul>	<u>Intended outcomes:</u> <ul style="list-style-type: none"><li>Dynamic and diverse local economy</li><li>Vibrant town centres</li><li>Improved performance/ productivity of local economy</li><li>Increased</li></ul>

communities	<ul style="list-style-type: none"> <li>Low levels of crime and ASB</li> </ul>	employment and income levels
<b>Impacts of Proposal</b>		
The report provides details on the interventions being delivered by the council towards the councils Health and Wellbeing approach.	Elements of cross over in this objective in the delivery of the council Health and Wellbeing approach	None
<b>Internal</b>		
<b>Effective Staff</b>	<b>Maintain or Improve Services</b>	<b>Firm Financial Footing over the Longer Term</b>
<u>Intended outcomes:</u> <ul style="list-style-type: none"> <li>All staff are properly trained</li> <li>All staff have the appropriate tools</li> <li>All staff are engaged, empowered and supported</li> <li>The right people are in the right job with the right skills and right behaviours</li> </ul>	<u>Intended outcomes:</u> <ul style="list-style-type: none"> <li>Focusing on our customers' needs</li> <li>Continuously improve our processes</li> <li>Increase the digital provision of services</li> </ul>	<u>Intended outcomes:</u> <ul style="list-style-type: none"> <li>Better return/use of our assets</li> <li>Full Cost accounting</li> <li>Continued cost management</li> <li>Maximise income earning opportunities</li> <li>Seek best value for money</li> </ul>
<b>Impacts of Proposal</b>		
Ensuring that Staff Health and Wellbeing is provided for	Ensuring that the Health and wellbeing interventions are built into service delivery	None

- 4.2 Supporting Strategies: Each strand of the FFF Strategy has several supporting strategies and the relevant ones for this proposal are the Health and Wellbeing Approach. This report demonstrates the interventions being undertaken across the council to deliver the councils approach.
- 4.3 Changes to Existing Policies: There are no proposed changes to existing policies proposed by this report.

## **5. BUDGETARY FRAMEWORK**

- 5.1 There are no specific budgetary requirements

## **6. RISKS**

- 6.1 There are no risks proposed in this report

## **7. ALTERNATIVE OPTIONS CONSIDERED**

- 7.1 None

## **8. BACKGROUND**

- 8.1 The Health and Wellbeing Approach details the Council's three priorities
- To embed HWB at a strategic level
  - To promote HWB to the wider community (Warwickshire Health and Wellbeing Strategy priorities as sub-headings to this priority)
  - To address the HWB of our own staff

This report seeks to provide an update on the work being undertaken by the Council to deliver against these priorities objectives (see Appendix 1) with key elements of the work undertaken summarised below

- 8.2 To embed HWB at a strategic level

- 8.3 A draft Health Assessment has been produced to be included in the guidance for all committee reports to demonstrate how the report considers health and wellbeing. This is to support the changed report format.

Partners continue to work towards the establishment of a South Warwickshire Health and Well Being Partnership. This group has had several meetings to determine its structure and shared priorities and will begin to involve the Portfolio Holders from Stratford DC and Warwick DC and wider partners to begin delivering on agreed objectives.

- 8.4 The internal Health and Wellbeing Officers Group has been developed and regularly collate the interventions that are occurring across WDC which impact upon the Health and Wellbeing agenda. The group has been instrumental in evaluating the evidence and proposing future priorities and potential actions which WDC could be taking to further deliver against this agenda.
- 8.5 A Joint (WDC/WCC) Member Seminar was held on 2<sup>nd</sup> October, organised by the Community Partnership Team. As part of the programme, Members were briefed on the Council's Health and Well Being Approach
- 8.6 An assessment has been undertaken (see appendix 2) of the contributions that we make as a Council to the Warwickshire Health and Wellbeing Strategy outcomes against the following areas:
- Promoting Independence
  - Community Resilience
  - Integration and working together
- 8.7 In addition a further assessment has been undertaken of achievements by the Council detailed in the Director of Public Health Annual Report 2016 (see appendix 3)
- 8.8 To promote HWB to the wider community
- 8.9 As part of the Walking for Health Scheme a number of regular Health Walks have been established in the District. This scheme was highlighted as one of the 101 examples of good Health and wellbeing practise in the county.
- 8.10 A new Dementia Group has been established at Acorn Court in partnership with Tony Britton from the Pam Britton Trust, Gilly Parker a Volunteer from The Chain, Alison Sellwood from Crown Routes, Jane Rostron from Housing Tenant Engagement Team and Kath Bannister from the Community Partnership Team. The next stage is to look at developing a Local Dementia Action Alliance Group as a mechanism for progressing Warwick District into dementia friendly community.
- 8.11 Work is taking place in partnership with the NCT to develop a breast feeding peer support programme in the District's 4 targeted geographical areas of Brunswick, Sydenham, West Warwick and Crown
- 8.12 To address the HWB of our own staff

8.13 A draft Wellbeing Charter has been produced and the Health and Wellbeing Officer Group were consulted on its contents. The aim of the policy is:

- To ensure that the working environment is conducive to the health and wellbeing of employees, clients and visitors.
- To promote and encourage employee participation in regular moderate physical activity.
- To increase the opportunities for physical activity around the workplace.
- To create a workplace environment that encourages employees to incorporate physical activity into their daily routine.
- To increase the opportunities for employees to learn more about nutrition.
- To increase opportunities for employees to make healthy eating choices.
- To create a workplace environment that encourages employees to incorporate healthy eating into their daily routine.
- To create a workplace environment that promotes the mental wellbeing of all employees.

8.14 Staff **Health & Wellbeing Event – 26<sup>th</sup> September**

A 'Fitness Matters – Wellness Works' event was held on Tuesday 26<sup>th</sup> September from 10am – 4pm and was attended by a significant number of staff.

The following activities/ information were delivered at the event:

- A total of 60 fitness assessments were carried out by Everyone Active, with many people surprised (good and bad) at their internal age.
- Ten men took part in the Prostate-Specific Antigen testing for the over 45's by the Graham Fulford Charitable Trust with many ladies taking information for their male relations.
- A community dietician from the Makingspace Health Promotional Project attended the event and provided information on hidden sugar content in food
- Walking for Health programme of walks was promoted and staff were invited to take part in a special walk on Thursday 28<sup>th</sup> September at Victoria Park
- The Arts marketing team shared information of on activities at the Spa Centre and Pump Rooms.
- Safer Communities shared information on the 'Your town, Your choice' roadshows promoting safety in Leamington Town Centre
- CWS Sports undertook a Wellbeing survey for staff.
- Flu jabs were promoted; and
- Everyone Active are being invited back at the End of January to see how the 'internal ages' of staff have improved