



PACKMORES CENTRE & COMMUNITY NEWSLETTER

Sussex Court, Lyttelton Road. Tel. 01926 492488

AUTUMN & WINTER 2011



AUTUMN ACTIVITIES FOR CHILDREN AT PACKMORES CENTRE

On Tuesday 25th October from 3.00 – 4.00 p.m. we will make Leaf Pictures – a craft session for children to make framed pictures and take one home as a gift.

On Thursday 27th October from 1.30 – 2.30 pm Matt will be back doing some Hanging Halloween Art.

CHILDREN UNDER 8 YEARS SHOULD BE ACCOMPANIED BY AN ADULT



CHRISTMAS ACTIVITIES FOR CHILDREN AT PACKMORES

On Monday 12th December from 4 – 5 pm Santa will be in his Grotto at Packmores Centre for children from babies to 12 years. We will also be making Christmas Decorations.

On Tuesday 13th December from 4.00 – 5.00 p.m. children can practice the art of Christmas cake icing and then take their iced cake home.

CHILDREN UNDER 8 YEARS SHOULD BE ACCOMPANIED BY AN ADULT

NEW FOR 2012 AT THE PACKMORES CENTRE

A New craft group - we would like to hear from local residents who are keen on arts and crafts work and who would like to come together to establish a new group to start in the New Year. Ring Linda on 0777 616 4599 or Kath on the above number if you are interested.

Happy Families –this is a new group starting on Wednesdays in January that will look at families and how they grow and develop. Aimed at parents who have children under 10 years of age (including babies) it could be very helpful. Ring the Packmores Centre number or call in for more information.

Weight Management Club - This has been a successful group for 2011 and the new year will bring a new 12 – week programme to begin on Monday 16th January from 1.00 – 2.30pm. The Club offers free, friendly advice, information, ideas and encouragement around eating and exercise and a free portion plate and bowl to each member. To book, or for more information, ring Wayne on 01926 422123 or the Packmores Centre on 492488.

Fresh food co-op - NEW CUSTOMERS WELCOME - order your fabulous Christmas Fruit and Veg bags on 14th & 15th Dec for delivery on 21st and 22nd Dec. at Packmores Centre.

Packmores Events Planning group – would you like to see more things happening locally? If so come along and join the residents who plan and organise activities and events through the year for everyone to enjoy. No qualifications required – just ideas and enthusiasm! Ring or call in to see Kath or Linda at Packmores Centre for more details.

CENTRE TIMETABLE

MONDAYS

1.30 – 2.30 **WEIGHT MANAGEMENT CLUB** - A free of charge, friendly group to help with food intake, exercise information and activity to help improve the lifestyle and wellbeing of its members.

TUESDAYS

10.30 – 12.00 **COMMUNITY WORKERS**- Got an idea for a new group or event or an improvement to the area? Then come along and see Linda and Kath who can help residents develop activities and Interests.

WEDNESDAYS

11.00 – 12.00 **HOUSING OFFICER & POLICE COMMUNITY SUPPORT OFFICER** drop-in surgery

12.00 – 2.00 **FRESH FOOD CO-OP** collect your bag of fresh fruit & veg, and eggs as well, and pay for the following weeks' order. Prices now £4.00 for a large bag & £2.50 for a small – great value! Try one and see.....

1.00 – 2.30 **HAPPY FAMILIES** – join this new group that will look at families and how they grow and develop - available to parents with children from babies to 10 years – ring the centre for more info .

THURSDAYS

10.00 – 11.30 **OPEN COFFEE MORNING** – Open to all for conversation over a cuppa!
Last Thursday of each month

3.00 – 5.00 **FRESH FOOD CO-OP** collect your bag of fresh fruit and veg and order for next week as above.

3.00 – 5.00 **TOY LIBRARY** – Open to local families and Childminders. Come and borrow from a range of indoor & outdoor toys. Suitable from babyhood – 5 yrs.

4.00 – 5.00 **CREDIT UNION**- community savings and loans. Save as little as you like! It's not too late to start saving for Christmas 2011! £1 joining fee .Juniors get a free gift when they join.

SUNDAYS

10.00 – 11.30 **VIRTUES GROUP** for children aged 5 - 10 years. Sessions held on alternate Sundays during school term time and include group discussions, games and crafts around the theme of a different virtue each week. Autumn 2011 sessions will be on 6th November and 4th December and will start again in January on
We are also looking to start a group for 11 – 14 year olds, looking at “life choices” in a creative way. Contact Judith Christopherson on 01926 774453 for more information.

PACKMORES CENTRE WILL BE CLOSED FOR NORMAL SESSIONS AND USED ONLY AS A POLLING STATION ON THURSDAY 3RD MAY 2012 FOR ELECTIONS.

WARWICK DISTRICT COUNCIL TENANTS COFFEE MORNINGS THURSDAYS FROM 10 – 12 noon

At the Packmores Centre on:

12TH January, 14th February, 22nd March, 12th April and 10th May 2012

Report repairs or other housing issues and have a chat about any aspect of your tenancy and meet with Margaret Allen, WDC Tenants Participation Officer (ring 01926 456451)