

Health Scrutiny Sub-Committee

Tuesday 4 July 2017

A meeting of the above Sub-Committee will be held at the Town Hall, Royal Leamington Spa on Tuesday 4 July 2017 at 6.00pm.

Membership:

Councillor Bromley
Councillor Mrs Falp

Councillor Parkins
Councillor Mrs Redford

Emergency Procedure

At the commencement of the meeting, the Chairman will announce the emergency procedure for the Town Hall.

Agenda

1. **Apologies and Substitutes**

- (a) to receive apologies for absence from any Councillor who is unable to attend; and
- (b) to receive the name of any Councillor who is to act as a substitute, notice of which has been given to the Chief Executive, together with the name of the Councillor for whom they are acting.

2. **Appointment of Chair**

To appoint the Chair of the Sub-Committee for the ensuing municipal year.

3. **Declarations of Interest**

Members to declare the existence and nature of interests in items on the agenda in accordance with the adopted Code of Conduct.

Declarations should be entered on the form to be circulated with the attendance sheet and declared during this item. However, the existence and nature of any interest that subsequently becomes apparent during the course of the meeting must be disclosed immediately. If the interest is not registered, Members must notify the Monitoring Officer of the interest within 28 days.

Members are also reminded of the need to declare predetermination on any matter.

If Members are unsure about whether or not they have an interest, or about its nature, they are strongly advised to seek advice from officers prior to the meeting.

4. **Minutes**

To confirm the minutes of the Health Scrutiny Sub-Committee meeting held on 14 March 2018. **(Pages 1 to 3)**

5. **Improved Housing Conditions**

To consider a report from Housing Services. **(Pages 1 to 8)**

6. **Promoting Health & Wellbeing in the Wider District – Focus on Mental Health**

To consider a report from Health & Community Protection. **(Pages 1 to 31)**

7. **Health & Wellbeing Outside Bodies Updates (Standing Agenda Item)**

To receive updates from Councillor Mrs Redford and Councillor Thompson in respect of the WCC Adult Social Care & Health Overview & Scrutiny Committee and the WCC Health & Wellbeing Board.

8. **Review of the Work Programme & Forward Plan**

To consider a report from Democratic Services **(Pages 1 to 6)**

Published on 25 June 2018

General Enquiries: Please contact Warwick District Council, Riverside House, Milverton Hill, Royal Leamington Spa, Warwickshire, CV32 5HZ.

Telephone: 01926 456114

E-Mail: committee@warwickdc.gov.uk

Enquiries about specific reports: Please contact the officers named in the reports.

You can e-mail the members of the this Sub-Committee at
HealthScrutinySC@warwickdc.gov.uk

Details of all the Council's committees, councillors and agenda papers are available via our website www.warwickdc.gov.uk/committees

Please note that the majority of the meetings are held on the first floor at the Town Hall. If you feel that this may restrict you attending this meeting, please call (01926) 456114 prior to this meeting, so that we can assist you and make any necessary arrangements to help you attend the meeting.

The agenda is also available in large print, on request, prior to the meeting by calling 01926 456114.

Health Scrutiny Sub-Committee

Minutes of the meeting held on Wednesday 14 March 2018 at the Town Hall, Royal Leamington Spa at 6.00 pm.

Present: Councillor Parkins (Chairman); Councillors Mrs Cain, Mrs Falp, Naimo and Mrs Redford.

Co-opted Member Present: Councillor Quinney.

Also Present: Councillor Thompson.

21. Apologies and Substitutes

- (a) There were no apologies made.
- (b) Councillor Naimo substituted for Councillor Mrs Knight.

22. Declarations of Interest

There were no declarations of interest.

23. Minutes

The minutes of the meeting held on 16 January 2018 were taken as read and signed by the Chairman as a correct record.

24. Health and Wellbeing Update (Objective 3)

The Sub-Committee considered a report from Human Resources which provided an update on the Council's coordinated approach to Health and Wellbeing for its staff members.

The Health and Wellbeing Approach detailed the Council's three priorities:

- (1) To embed Health and Wellbeing (HWB) at a strategic level.
- (2) To promote HWB to the wider community (Warwickshire Health and Wellbeing Strategy priorities as sub-headings to this priority).
- (3) To address the HWB of the Council's staff.

This report focussed upon the delivery of priority 3.

The report gave detail of the four main actions which had been identified as being important to ensure that priority 3 could be delivered:

- (1) Ensure our policies, strategies, plans, projects and key decisions addressed HWB.
- (2) Engage and enable staff / elected Members to incorporate HWB into their roles.
- (3) Ensure that we are working in partnership to deliver HWB objectives.
- (4) Ensure that the HWB arrangements between stakeholders were working correctly and that feedback loops were established.

The report then listed the actions that had been identified to address these objectives in paragraphs 8.3 to 8.12 of the report.

HEALTH SCRUTINY SUB-COMMITTEE MINUTES (Continued)

In response to questions from Members, the Head of Human Resources and the Learning & Development Officer stated that:

- They would speak to the Media Team to provide detail of HWB initiatives for staff members on Councillors' regular updates until Members were provided access to the staff intranet.
- Mental Health First Aid Lite – work was ongoing to ensure that both staff and Members were aware that training was available. More funding would be released to roll out the training programme to all staff that required it. The first tranche of training had been given to staff in Housing.
- To-date, 81 members of staff had attended the mental health awareness training.

Resolved that the report be noted.

25. Update on the South Warwickshire Health and Wellbeing Partnership

The Sub-Committee considered a report from Health & Community Protection which provided an update on the work of the South Warwickshire Health and Wellbeing Partnership.

This report provided an update on the work being undertaken to achieve objectives 1 and 2 of the Council's Health and Wellbeing approach:

- (1) To embed HWB at a strategic level.
- (2) To promote HWB to the wider community.

Appendix 1 to the report detailed the Partnership's Strategy and Implementation Plan 2017-2019; the terms of reference for the South Warwickshire HWB Partnership were detailed in Appendix 2 to the report.

The terms of reference stipulated that the purpose of the Partnership was to:

- align the strategic direction of the various partners;
- agree and prioritise shared actions to address local needs across Warwick and Stratford District; and
- improve health and reduce health inequalities.

The establishment of the Partnership had been a slow process but it was finally gaining momentum. The report detailed key areas of discussion from the last meeting of the Partnership in February 2018.

The Head of Health & Community Protection informed Members that whilst the hope had been that this Partnership would undertake work that could replace the work being done by the Health Scrutiny Sub Committee at the Council, this had proved impossible and Members now should consider what they felt was the best approach to handle health scrutiny at the Council. After some discussion, Members felt that expecting Overview & Scrutiny Committee to do health scrutiny work would not be practical and meetings would become overly long. They then discussed ways forward to improve the operation of the Health Scrutiny Sub-Committee.

HEALTH SCRUTINY SUB-COMMITTEE MINUTES (Continued)

In response to questions and suggestions from Members, the Head of Health & Community Protection responded that:

- Both she and the Committee Services Officer would discuss with the Democratic Services Manager whether the Council's Health Scrutiny Sub-Committee meetings could be aligned with meetings of appropriate outside bodies; namely Warwickshire County Council's Health and Wellbeing Board and the Adult Social Care & Health Overview & Scrutiny Committee.
- She would circulate an overview of all outside bodies and the "map" she had initially circulated in the early days of the sub-committee, giving both the complicated and simplified view of how all agencies inter-related. These would be updated versions. She would also circulate terms of reference for these groups.
- She would ensure that Members received links to meetings of outside bodies so that they could feed in to the appropriate Council representative.

Resolved that the report be noted.

26. Review of the Work Programme & Forward plan

The Sub-Committee considered a report from Democratic Services which informed it of its work programme for 2018 and the current Forward Plan for March to June 2018.

Members would consider whether the August meeting was necessary at the meeting in July.

Resolved that the report be noted with no amendments required to the Work Programme.

27. Warwickshire County Council's Adult Social Care & Health Overview & Scrutiny Committee


Councillor Mrs Redford represented the Council on this Outside Body. The Chairman asked her to give consideration to what help she may like from the Sub-Committee.

Councillor Mrs Redford explained that the work of the Task and Finish Group looking at provision of GP services would reach its conclusion in May and she would give a report to the Sub-Committee after the report had been produced. The Head of Health & Community Protection would circulate the report to Members when it became available.

Councillor Mrs Redford informed Members that Care Home Care Market and domiciliary care would be tackled by the Scrutiny Committee in May.

(The meeting finished at 7.14 pm)

CHAIR
3 July 2018

		Insert name and date of meeting in this box. Health Scrutiny Sub-Committee 3rd July 2018	Agenda Item No. 5
Title		Improved housing conditions	
For further information about this report please contact		Lisa Barker-Head of Housing Services Lisa.barker@warwickdc.gov.uk Ken Bruno-Strategy & Development Manager ken.bruno@warwickdc.gov.uk Simon Brooke-Sustaining Tenancies Manager simon.brooke@warwickdc.gov.uk	
Wards of the District directly affected		All	
Is the report private and confidential and not for publication by virtue of a paragraph of schedule 12A of the Local Government Act 1972, following the Local Government (Access to Information) (Variation) Order 2006?		No	
Date and meeting when issue was last considered and relevant minute number		Health Scrutiny - 16 January 2018 Minute 18	
Background Papers		None	

Contrary to the policy framework:	No
Contrary to the budgetary framework:	No
Key Decision?	No
Included within the Forward Plan? (If yes include reference number)	No
Equality Impact Assessment Undertaken	No
This is an update report only.	

Officer/Councillor Approval		
Officer Approval	Date	Name
Chief Executive/Deputy Chief Executive	20/06/18	Bill Hunt
Head of Service	14/06/18	Lisa Barker
CMT	14/06/18	Chris Elliott
Section 151 Officer	20/06/18	Mike Snow
Monitoring Officer	14/06/18	Andrew Jones
Finance	22/06/18	Andrew Rollins
Portfolio Holder(s)	14/06/18	Cllr Peter Phillips
Consultation & Community Engagement		
None with specific regard to this report.		
Final Decision?	Yes	
Suggested next steps (if not final decision please set out below)		

1. **Summary**

- 1.1 At a meeting on 16th January 2018 Health Scrutiny Committee considered its priorities and action plan for 2018 -20 and resolved to put item 2.15 of the action plan – “Improved housing conditions in which residents live” – onto the work programme for the first meeting of 2018/19.
- 1.2 This report provides an update on actions undertaken by Housing Services during 2017/18 in improving housing conditions in which residents live, this being a key task in the Health & Well-being Action Plan.

2. **Recommendation**

- 2.1 That the Health Scrutiny Committee considers and comments upon the work undertaken in improving housing conditions in 2017/18.

3. **Reasons for the Recommendation**

- 3.1 At a meeting on 16th January 2018 Health Scrutiny Committee considered its priorities and action plan for 2018 -20 and resolved to put item 2.15 of the action plan – “Improved housing conditions in which residents live” – onto the work programme for the first meeting of 2018/19.
- 3.2 This report provides a review of work undertaken on this action in the last year to enable the committee to scrutinise progress.

4. **Policy Framework**

4.1 **Fit for the Future (FFF)**

The Council’s FFF Strategy is designed to deliver the Vision for the District of making it a Great Place to Live, Work and Visit. To that end amongst other things the FFF Strategy contains several Key projects.

The FFF Strategy has 3 strands – People, Services and Money and each has an external and internal element to it. The table below illustrates the impact of this proposal if any in relation to the Council’s FFF Strategy.

FFF Strands		
People	Services	Money
External		
Health, Homes, Communities	Green, Clean, Safe	Infrastructure, Enterprise, Employment
<u>Intended outcomes:</u> Improved health for all Housing needs for all met Impressive cultural and sports activities Cohesive and active communities	<u>Intended outcomes:</u> Area has well looked after public spaces All communities have access to decent open space Improved air quality Low levels of crime and ASB	<u>Intended outcomes:</u> Dynamic and diverse local economy Vibrant town centres Improved performance/ productivity of local economy Increased employment and income levels

Impacts of Proposal		
Not applicable	Not applicable	Not applicable
Internal		
Effective Staff	Maintain or Improve Services	Firm Financial Footing over the Longer Term
<u>Intended outcomes:</u> All staff are properly trained All staff have the appropriate tools All staff are engaged, empowered and supported The right people are in the right job with the right skills and right behaviours	<u>Intended outcomes:</u> Focusing on our customers' needs Continuously improve our processes Increase the digital provision of services	<u>Intended outcomes:</u> Better return/use of our assets Full Cost accounting Continued cost management Maximise income earning opportunities Seek best value for money
Impacts of Proposal		
Not applicable	Not applicable	Not applicable

4.2 Supporting Strategies

Each strand of the FFF Strategy has several supporting strategies and the relevant one for this report is the Housing & Homelessness Strategy 2017-2020 (HHS).

The HHS has four key objectives and a range of actions for each. The objectives are:

- Providing suitable accommodation, information and advice for the homeless in an effort to prevent and reduce homelessness
- Meeting the need for housing across the District by addressing the need for new home provision
- Improving the management and maintenance of existing housing
- Ensuring people are supported to sustain, manage and maintain their housing

The Council, as a stock-holding authority, has specific responsibilities towards its own tenants and leaseholders and in respect of the maintenance and the safety compliance of the housing assets it owns. The Housing Revenue Account (HRA) budget and the HRA Business Plan are the financial expressions of these policies. The HRA Business Plan contributes to the Fit for the Future transformation programme and assists the Council to deliver its Vision.

4.3 Changes to Existing Policies

As this is a review report for scrutiny it does not recommend changes to existing policies. Should the committee make any recommendations that have policy implications these would be the subject of a further report and would require Executive approval.

4.4 Impact Assessments

Not applicable.

5. Budgetary Framework

- 5.1 There are no budgetary implications arising from this report. Should the committee make any recommendations that have budgetary implications these would be the subject of a further report and would require Executive approval.

6. Risks

- 6.1 As this is a review report for scrutiny a risk assessment is not applicable.

7. Alternative Option(s) considered

- 7.1 As this is a review report for scrutiny alternative options are not applicable.

8. Background

- 8.1 The Council takes forward a range of work on housing in line with the strategic objectives set out in section 4.2 and many of these contribute towards improving the living conditions of individuals.
- 8.2 It is important to recognise that this may involve improving the existing accommodation of a household but can also be achieved by securing alternative accommodation.
- 8.3 The Council's work in improving existing accommodation can be broken down into two broad categories: our own housing stock and private sector housing.

Improving Council housing

- 8.4 The Council continues to meet its obligations to repair and maintain homes in a good condition. With this in mind we carry out roughly 12,000 repairs per annum. Spending on repairs to our properties was £2.7m last year. This year we have seen our main repairs contractor change with Axis taking over the contract from Ian Williams Ltd. Initial reports are very positive on this change.
- 8.5 The Council services all of its gas appliances each year in all council properties and has managed to achieve a compliance rate of 99.96% of dwellings with an "in-date" Gas Safe certificate by the end of 2017/18. This ensures that all properties are safe and there are no risks to the health and safety of residents. Considerable effort is required to ensure that we gain access to all properties.
- 8.6 With regard to improvements and planned maintenance the Council spent a further £9.8m in 2017/18. The stock condition survey undertaken in 2016 is now the basis of the roll out of our improvement programme and planned maintenance programmes are determined on the basis of a clearer picture of the condition of elements requiring maintenance. This work includes roofing, kitchen and bathroom improvements, electrical rewires and fire safety works. A report is being prepared for the Overview and Scrutiny and Finance and Audit Committees based on the 2016 survey setting out the improvements planned for properties to ensure that homes provided are of a good standard.
- 8.7 The Council undertakes adaptations to Council properties where there are mobility issues. This can include grab rails, stair lifts and level access showers. These improvements are often essential to maintain full use of the home and ensure the wellbeing of our tenants. Last year we carried out 301 major and

minor adaptations at a cost of £533,000. During the year we also secured additional funding from the MHCLG and have used this to complete works at Chandos Court to provide a mobility scooter store.

- 8.8 The major focus following the Grenfell fire in June 2017 has been on further improvements to the safety of our high rise blocks. We have increased the frequency of inspection, moving to daily inspections of these blocks. We have also undertaken updating work on various fire safety elements in all blocks. We have now started a £2.5m programme of major works to our high rise blocks, starting with Radcliffe Gardens but with plans to complete major improvement works in our other high rise blocks.

Sustaining tenancies

- 8.9 A key focus for our housing management team is upon sustaining tenancies. Prevention of tenancy failure means that Tenancy Officers, our Income Recovery Team and our Housing Support and Lifeline Team are working to ensure those at risk of tenancy failure are supported to retain their tenancies. This can make a massive difference to some very vulnerable tenants who manage to retain their tenancy whilst they may be dealing with physical and mental health conditions, debt and payment issues, drug and behaviour issues.
- 8.10 Housing Services carry out a 3 yearly cycle of visits to all our tenants. Last year we completed 1,228 visits. These visits are often a vital opportunity to check on the wellbeing of our customers and ensure any issues are being picked up. Advice can be given as well as referrals to other agencies.
- 8.11 During the last year visits to all 400 high rise residents were completed. Inspections were carried out to ensure there are no fire hazards and to take any necessary actions. The opportunity was also taken to restate fire safety advice to all residents. One issue identified was a hoarder in Ashton Court. This resident was given advice and support to clear his flat but due to health concerns it was agreed a move to alternative accommodation was necessary. This action has resolved a potential threat not only to the resident but to all residents in the block.

Lifeline

- 8.12 Our Lifeline Service provides a 24/7 emergency call alarm response. There are over 3,300 customers paying for this service. This is an invaluable service for many elderly people or those at risk of falling. The service helps to ensure these people can stay living independently in their homes and prevents the need for residential care. We can supply key safes as well as various personal alarm products.
- 8.13 Our Sheltered Schemes receive daily visits and staff provide a presence in the onsite offices. This is a service that is appreciated by our tenants and ensures that we can provide the necessary support to more elderly and vulnerable tenants that live in these schemes. Staff can provide residents with advice, signposting to other services and ensuring that they are receiving the right care, benefits etc.

Improving private housing

- 8.14 Turning now to private sector housing, the Council has an enforcement role in this area and can intervene where poor living conditions are reported or discovered. In line with our corporate enforcement policy we adopt a supportive approach wherever possible to enable owners and occupiers to resolve any issues without us resorting to the use of statutory powers. Nevertheless the latter are used when required.
- 8.15 In December 2017 Council approved a policy enabling officers to use new powers contained in the Housing and Planning Act 2016 to apply civil penalties as an alternative to a prosecution in the Magistrates Court for various offences in private sector housing.
- 8.16 During 2017/18 the Private Sector Housing Team dealt with 452 service requests and was able to resolve the vast majority of these through informal liaison with landlords and occupiers. However we also carried out one successful prosecution of a landlord for offences in connection with housing standards and conditions. The landlord was fined almost £19,000 including costs.
- 8.17 Houses in multiple occupation (HMOs) can sometimes be of a poor standard and, to the degree permitted by the statutory licensing regime, the Private Sector Housing Team is able to monitor and deal with issues in this kind of housing. During 2017/18 we issued or renewed 191 licences to landlords of HMOs and refused to grant two licence applications until further work was completed.
- 8.18 In recent years the district has had a number of unlawful gypsy and traveller encampments which can affect the quality of life of local residents. During 2017/18 the Private Sector Housing Team took action to remove 22 encampments on WDC land and, by joint-working across the county and with the Police, improved the process and reduced the "move-on" time quite significantly. The Council also carried out a number of "target-hardening" measures to Council-owned sites that were proving vulnerable and this has been successful in reducing the number of incidents.
- 8.19 We have the ability to provide financial support in the form of grants and loans to individuals for certain kinds of home improvements, including disabled facilities grants (DFGs). However Committee members will be aware that from 1st April 2017 the service for providing DFGs was outsourced to the HEART shared service, operating countywide in conjunction with the other districts and boroughs, Public Health and Warwickshire County Council.
- 8.20 A progress report on the HEART service was provided by the Head of the HEART Service to the Overview & Scrutiny Committee in February 2018. During 2017/18 there were 34 DFGs approved in Warwick district at a cost of £315,359 for:
- 22 level access showers;
 - 10 stair lifts;
 - 1 ground floor extension;
 - 3 ground floor conversions;
 - 1 kitchen adaptation;
 - 1 door-widening;

- 2 others.


(Note that this add up to more than 34 due to multiple jobs in a single application.)

- 8.21 To further complement the HEART approach the Council agreed, in September 2017, to a new county-wide Financial Assistance Policy, to be run by HEART, to offer other forms of assistance towards improving housing conditions:
- Disabled Facilities Grants (Mandatory Grant)
 - Discretionary Disabled Facilities Assistance – a discretionary grant (up to £10k,) and a discretionary loan (a further £10k) for where the cost of works goes above the statutory maximum. Whilst this is referred to as a loan it is a charge on the property that only becomes payable on a change in the property ownership.
 - Warm and Safer Homes Grants – discretionary assistance to remove hazards from homes (up to £10k)
 - Hospital Discharge Grant – to facilitate discharge from hospital or prevent likely return to hospital due to the home environment (up to £10k).
 - Home Safety / Handy person – small grants to carry out preventative works, (up to £500 per property over a three year period).
- 8.22 This policy only came into operation later in 2017/18 due to all authorities needing to sign up to it.
- 8.23 HEART is able to facilitate access to grants for energy efficiency measures under the ECO scheme and during 2017/18 nine boilers were replaced with grant funding of £21,536. A further four are in the pipeline as well as one loft insulation project.

Improving conditions through rehousing

- 8.24 The principal way in which the Council is able to secure alternative accommodation for people living in poor housing conditions is through the housing register and allocations policy (HomeChoice). This provides access to vacancies in Council housing and also housing association properties.
- 8.25 All new affordable housing built in the district is advertised through HomeChoice, as are most vacancies that arise in existing properties. During 2017/18 we enabled 305 new affordable homes to be built through the use of planning powers and joint working with developers and housing associations. We allocated 378 Council vacancies during the year and made nominations to 485 housing association properties (inclusive of new-builds).
- 8.26 The following housing needs were addressed through rehousing:
- 79 existing tenants and 10 private households with children living in above ground floor accommodation.
 - 56 under-occupying tenants.
 - 124 households in the most severe need, 100 of whom were homeless and 18 of whom were moved on from temporary supported accommodation.
 - 27 households with medical or welfare needs.
 - 196 overcrowded households.
 - 115 households that were not owners or tenants.
 - 40 households that were lacking basic amenities or sharing them with other households.

- 8.27 In 2017/18 the Preventing Homelessness Improving Lives (PHIL) countywide service launched. This was set up using central government funding secured through a joint bid by the five districts and boroughs. It provides an early intervention service for people with housing problems that could ultimately result in homelessness, such as issues with their landlord and money problems or, for younger people, relationship problems with family and friends.
- 8.28 PHIL takes referrals from a wide range of agencies, as well as self-referrals, and provides an additional complementary service to the Council's Housing Advice & Allocations Team, with which it works closely. It has taken 13 referrals from Warwick district.
- 8.29 In February 2018 the Council purchased Beauchamp House, a former hostel, with a view to using this to support a strategy towards tackling rough sleeping. Members will be aware of the recent report approved by Executive as regards a bid for funding from the government's new Rough Sleepers' Initiative. This funding has now been secured and will facilitate a radical new approach to tackling rough sleeping in the district. It will help improve the living conditions of those entrenched in the street-lifestyle through additional temporary housing options, i.e. a direct access hostel, while bringing in support services to enable the customer to move towards a more permanent long-term housing solution back in mainstream society.

	Health Overview & Scrutiny Sub Committee – 3rd July 2018	Agenda Item No. 6
Title: Promoting Health and Wellbeing in the wider district : Focus on Mental Health		
For further information about this report please contact	Marianne Rolfe Head of Health & Community Protection 01926 456700 Marianne.rolfe@warwickdc.gov.uk Bernadette Allen Localities and Partnership Teams 01926 456020 Bernadette.Allen@warwickdc.gov.uk	
Wards of the District directly affected	All	
Is the report private and confidential and not for publication by virtue of a paragraph of schedule 12A of the Local Government Act 1972, following the Local Government (Access to Information) (Variation) Order 2006?	No	
Date and meeting when issue was last considered and relevant minute number		
Background Papers	Nil	

Contrary to the policy framework:	No
Contrary to the budgetary framework:	No
Key Decision?	No
Included within the Forward Plan? (If yes include reference number)	No
Equality and Sustainability Impact Assessment Undertaken	Yes

Officer/Councillor Approval		
Officer Approval	Date	Name
Chief Executive/Deputy Chief Executive	21.6.18	Andrew Jones
Head of Service		Marianne Rolfe
CMT	21.6.18	Andrew Jones
Section 151 Officer		
Monitoring Officer		
Finance		Mike Snow

Portfolio Holder(s)		Councillor Andrew Thompson
Consultation & Community Engagement		
Final Decision?		No
Suggested next steps (if not final decision please set out below)		

1. SUMMARY

The report outlines the work of the Council and its partners to empower our communities to tackle mental health issues, suicide rates and social isolation.

2. RECOMMENDATION

- 2.1 That the committee notes the work that the Council and partners are undertaking in empowering communities to tackle mental health issues, suicide rates and social isolation.
- 2.2 Note the intension of the Council to sign up as partner of the Warwickshire Health and Wellbeing Board to the Public Health England Prevention Concordat for Better Mental Health (in appendix 1).

3. REASONS FOR THE RECOMMENDATION

- 3.1 The District Council's action plan linked to the Strategic approach to Health and Wellbeing identified an action around 'empowering communities to deliver support to tackle mental health, suicide rates and social isolation.
- 3.2 This report outlines what the Council and its partners are doing to support communities to tackle the impact these issues have in the local population.
- 3.3 The Public Health England, Prevention Concordat for Better Health is to evidence the commitment of the Council in promoting mental health and wellbeing within Warwick District.

4. POLICY FRAMEWORK

4.1 Fit for the Future (FFF)

The Council's FFF Strategy is designed to deliver the Vision for the District of making it a Great Place to Live, Work and Visit.

The FFF Strategy has 3 strands – People, Services and Money and each has an external and internal element to it. The table below illustrates the impact of this proposal if any in relation to the Council's FFF Strategy.

FFF Strands		
People	Services	Money
External		
Health, Homes, Communities	Green, Clean, Safe	Infrastructure, Enterprise, Employment
<u>Intended outcomes:</u> <ul style="list-style-type: none"> Improved health for all Housing needs for all met Impressive cultural and sports activities Cohesive and active communities 	<u>Intended outcomes:</u> <ul style="list-style-type: none"> Area has well looked after public spaces All communities have access to decent open space Improved air quality Low levels of crime and ASB 	<u>Intended outcomes:</u> <ul style="list-style-type: none"> Dynamic and diverse local economy Vibrant town centres Improved performance/ productivity of local economy Increased employment and income levels
Impacts of Proposal		
The report provides details on the interventions being delivered by the council towards the Council's Health and Wellbeing approach.	Elements of cross over in this objective in the delivery of the Council's Health and Wellbeing approach	None
Internal		
Effective Staff	Maintain or Improve Services	Firm Financial Footing over the Longer Term
<u>Intended outcomes:</u> <ul style="list-style-type: none"> All staff are properly trained 	<u>Intended outcomes:</u> <ul style="list-style-type: none"> Focusing on our customers' needs 	<u>Intended outcomes:</u> <ul style="list-style-type: none"> Better return/use of

<ul style="list-style-type: none"> • All staff have the appropriate tools • All staff are engaged, empowered and supported • The right people are in the right job with the right skills and right behaviours 	<ul style="list-style-type: none"> • Continuously improve our processes • Increase the digital provision of services 	<ul style="list-style-type: none"> • our assets • Full Cost accounting • Continued cost management • Maximise income earning opportunities • Seek best value for money
Impacts of Proposal		
Ensuring that Staff Health and Wellbeing is provided for	Ensuring that the Health and wellbeing interventions are built into service delivery	None

4.2 Supporting Strategies: Each strand of the FFF Strategy has several supporting strategies and the relevant ones for this proposal are the Health and Wellbeing Approach. This report demonstrates the interventions being undertaken across the council to deliver the councils approach.

4.3 Changes to Existing Policies: There are no proposed changes to existing policies proposed by this report.

5. BUDGETARY FRAMEWORK

5.1 There are no specific budgetary requirements

6. RISKS

6.1 There are no risks proposed in this report

7. ALTERNATIVE OPTIONS CONSIDERED

7.1 None

8. BACKGROUND

8.1 The Health and Wellbeing Approach details the Council's three priorities

- To embed HWB at a strategic level

- To promote HWB to the wider community (Warwickshire Health and Wellbeing Strategy priorities as sub-headings to this priority)
 - To address the HWB of our own staff
- 8.2 In January the Committee approved of the Health and Wellbeing Strategic approach and action plan in appendix 2
- 8.3 **What do we mean by mental health?**
 A mental health problem is a problem with someone's mind that makes it difficult for them to live a normal life. Mental health problems may be small problems or more serious problems. They may last for a short time or a long time.
 (Source: Public Health England)
- 8.4 **What do we mean by social isolation?**
 Social Isolation relates to imposed isolation by individual from normal social networks. This can lead to loneliness and can be caused by loss or mobility or deteriorating health (including mental health). The terms 'loneliness' and 'social isolation' are often used interchangeably, and whilst there are clear links between the two experiences they are distinct concepts. People can be socially isolated without feeling lonely, or feel lonely whilst being amongst others. Although the terms have slightly different meanings, the experience of both is generally negative and resulting impacts are undesirable at the individual and community level
 (Source: Research into Loneliness and Social Isolation, Public Health Warwickshire)
- 8.5 Mental ill health represents up to 23% of the total burden of ill health in health in the UK – the largest single cause of disability. At least 1 in 4 people will experience a mental health problem at some point in their lives and around half of people with lifetime mental health problems experience their first symptoms by the age of 14. For Warwickshire people aged between 16 and 74 living in Warwickshire, the rate of common mental health conditions is 121 per 1000 population. This means an estimated 46,000 people aged between 16 and 74 in Warwickshire have a common mental health problem. Warwickshire (9.3 per 100,000 population) was slightly higher than both the equivalent national and regional rates (8.8 and 8.3 respectively) during 2011-13. Males in Warwickshire have a considerably higher rate of suicide than females; 15.7 per 100,000 compared with 3.3 per population.
- 8.6 As our population ages, loneliness and isolation in older age (and amongst other groups) is becoming a growing public health challenge. Research shows that loneliness and social isolation can be as harmful as smoking 15 cigarettes a day and increased the risk of conditions including dementia, high blood pressures and depression. Nationally and locally, a challenge has been in identifying those most at risk in order to better target resources. Nationally, 51% of Health and Wellbeing Boards are tackling loneliness and social isolation as a priority, highlighting the scale of the issue across the UK. Unlike other physical or mental health conditions, data on the prevalence and incidence of loneliness and social isolation are

not routinely collected. Therefore identifying individuals who are lonely or socially isolated, or are at risk of being so, is a challenge.

- 8.7 The most recent figures for suicides nationally were publicised by the Office for National Statistics and the figures given are by sex, age, area of usual residence of the deceased and suicide method. The definition of suicide has been extended to include deaths from intentional self-harm in 10-14 year old children in addition to people aged 15 and over. The suicide figures in Warwickshire broadly mirror those in England. Over the same period there were 105 deaths recorded as death by suicide by Warwickshire Coroner in 2013 and 2014. The Coroner's records of the 105 deaths were sought from the County Records office to enable a detailed audit to be carried out. The figures showed a significant increase in the suicide rates in Warwick District compared with the average in England since 2011. This is borne out by the findings of the Warwickshire Coroners' Office records suicide audit. The audit also found from the 105 suicides, the following information:

- Gender breakdown 80 males, 19 females, 1 transgender and 5 records could not be obtained.
- The highest age group was 35-64
- Even spread between married or living with partner, divorced or separated or single
- Over half were employed at the time of death
- Most common method of suicide was hanging

- 8.8 Improved mental health and wellbeing is associated with a range of better outcomes for all people and all ages and backgrounds. These include improved physical health & life expectancy, better educational achievement, increased skills, and reduced health risk behaviours such as smoking and alcohol misuse, reduced risk of mental health problems and suicide and people less socially isolated.

9. What activity is happening to empower communities to tackle these issues?

9.1 Warwickshire Health and Wellbeing Board

The Director of Public Health's report 2017 uses the term 'vulnerability' as a term to apply to those who are considered to be at increased risk of harm. These groups include individuals with a physical and or learning disability or those with mental health problems or are socially isolated are a risk of various harms.

The Warwickshire Health and Wellbeing Board to be effective in its duty want to be assured that delivery against priorities is happening. Therefore it has agreed to focus on a number of specific areas which support the wider priorities of the partnership. One of the key areas of work that the

partnership is focusing is around 'making prevention everybody's business (including Out of hospital, Public Health and Community Capacity elements)'. The Warwickshire Health and Wellbeing Board have recently contacted partners to gain support for signing up to Public Health England's Prevention Concordat for Better Mental Health (appendix 1)

Mental Health is important to us all. The Council wants people to be healthy in their minds as well as their bodies. Mental Health can affect anyone, any where and people with mental health problems face difficulties such as:

- they may have fewer qualifications
- find it harder to find a job and keep it
- may earn less money
- more likely to be homeless
- are more likely to be unwell;
- and more likely to eat healthily and be overweight

Therefore the Council can play a key role in promoting positive mental health and support for mental health problems through the services it offers and its contracts with the voluntary and community sector.

9.2 **Warwick District Council**

Appendix 3 details what services areas within the Council are doing to empower communities to tackle issues around mental health, suicide rates and social isolation.

9.3 **Warwick District Council contracts with the Voluntary and Community Sector**

The Council has a longstanding commitment to help its most vulnerable residents to improve their lives and circumstances. Over the last three years a number of voluntary and community sector organisations have been commissioned by the Council to deliver a range of services in the 4 targeted geographical areas of Brunswick, Lillington, Sydenham and Warwick West. Appendix 4 outlines the range of work they are delivering to the most vulnerable residents.

9.4 **Wider voluntary and Community Sector**

In the wider voluntary and community sector there are a number of forums and networks that exist with the sole aim of developing partnership and collaborative working aimed at supporting and empowering communities. The following is a list of some of the partnership that operates in the District:

- Communities Together Network
- Warwick District Poverty Forum
- Lillington Community Action Forum
- Warwick Community Hubs Forum
- Warwick District Faiths Forum

10. How are we going to measure impact ?

10.1 It is important that we measure the impact the interventions are having in terms of improving the lives of our most vulnerable members of the community. The activities detailed in appendix 3 and 4 are aimed at achieving better outcomes for our most vulnerable communities.

10.2 The following are our measures of success:

- Early mental health diagnosis and referrals
- An increase in community resilience and assets to tackle mental health issues
- Successful sustainable community projects
- Trained and knowledgeable staff

The actions detailed in appendix 3 and 4 will be monitored through the the Health and Wellbeing Officers Group and voluntary and community sector contracts. The actions will be reviewed over the next 12 months and a further report will be presented to Health Scrutiny Sub-Committee on the impact of the activity plan.

A commitment to promoting mental health and wellbeing within Warwickshire

Warwickshire County Council and partners recognise the importance of promoting positive mental health and wellbeing in ensuring Warwickshire is an attractive place to live and work and supports individuals and communities to flourish in their everyday lives.

The local commitment to promoting and protecting mental health and wellbeing is evident through a range of Council activities and partnerships, some of which are outlined below.

Given the commitment to promoting positive mental health and wellbeing from Warwickshire County Council and partner organisations the **Warwickshire Health and Wellbeing Board is requested to sign-up to the Public Health England Prevention Concordat for Better Mental Health.**

A range of public bodies including the Local Government Association, Association of Directors of Public Health UK, Public Health England and NHS England have signed a national Consensus Statement under the Prevention Concordat for Better Mental Health, committing to work together to promote good mental health and prevent mental health problems. The consensus statement and full list of signatories can be accessed via the link below.

<https://www.gov.uk/government/publications/prevention-concordat-for-better-mental-health-consensus-statement/prevention-concordat-for-better-mental-health#consensus-statement>

Promoting Positive Mental Health and Wellbeing in Warwickshire

Councillor Margaret Bell is the designated Mental Health Champion for Warwickshire County Council, has signed up to the Mental Health Challenge and has advocated for Warwickshire County Council to sign-up to the Prevention Concordat for Better Mental Health.

Warwickshire County Council has produced a number of reports within the local “Joint Strategic Needs Assessment” (JSNA) programme on mental health and related topics. Previous needs assessments have reported on the mental health needs of children and young people, adults and Veterans, mental health and the local criminal justice system, and explored important risk factors for poor mental health and wellbeing such as social isolation and self-harm (see appendix 1). During 2018 and 2019 Warwickshire County Council and partners will be producing “place-based” JSNAs. These will assess the health and wellbeing needs and assets of local communities in populations of 30-50,000. Indicators of population-level mental

health, such as the prevalence of diagnosed mental health conditions, admissions for self-harm incidents and suicide rates will be included in the assessments. Softer data on what community assets are available and valued by residents in terms of promoting positive wellbeing will also be incorporated. Early stakeholder engagement in Wave 1 of the roll-out of place-based needs assessments has already highlighted mental health as a clear priority for action.

Warwickshire is committed to including the voice of people with lived experience of mental ill-health in to service improvements and commissions a co-production service “Making Spaces” to facilitate this. We also work closely with local voluntary sector organisations through the Mental Health Partnership (hosted by Warwickshire Community and Voluntary Action) and the Community Resilience work-stream of the local Sustainability and Transformation Partnership.

A countywide Multiagency Suicide Prevention Group meets regularly with commitment from a range of partners from the Fire and Rescue Service to local voluntary and community sector groups. The group oversee the implementation of the Warwickshire Suicide Prevention Plan which is built around three tiers of intervention (universal, targeted and for vulnerable population groups) and has seven priority areas:

1. Reducing the risk of suicide in key high risk groups
2. Tailor approaches to improve mental health in specific groups
3. Reduce access to the means of suicide
4. Reducing the impact of suicide
5. Supporting the media in delivering sensitive approaches to suicide and suicidal behaviour
6. Improving data and evidence
7. Working together

The above outlines how Warwickshire County Council meets the requirements to be a signatory of the Prevention Concordat for Better Mental Health; please see attached form for becoming a signatory.

Appendix 1: Mental Health with the Warwickshire JSNA programme

Exploring Self-harm in Children and Young People in Warwickshire (2017)

<https://apps.warwickshire.gov.uk/api/documents/WCCC-644-291>

An overview of mental health and the criminal justice system in Warwickshire (2017)

<https://apps.warwickshire.gov.uk/api/documents/WCCC-1014-286>

Mental Health in Adults and Children

<http://hwb.warwickshire.gov.uk/themes/ill-health/mental-health/>

Dementia

<http://hwb.warwickshire.gov.uk/themes/old-age/dementia/>

Child and Adolescent Mental Health Services (CAMHS) Needs Analysis (2016)

<https://apps.warwickshire.gov.uk/api/documents/WCCC-644-380>

Veterans Mental Health Needs Assessment (2015)

<https://apps.warwickshire.gov.uk/api/documents/WCCC-644-291>

Loneliness and Social Isolation Needs Assessment (2015)

<https://apps.warwickshire.gov.uk/api/documents/WCCC-644-270>



Warwick District Council's Strategic approach to Health and Wellbeing 2018 - 20

Warwick District Council
Riverside House
Milverton Hill
Leamington Spa
CV32 5HZ

Section 1

Strategic approach to Health and Wellbeing

Introduction

The Council's Fit For Future (FFF) Strategy is designed to deliver the Vision for the District of making it a Great Place to Live, Work and Visit. To that end amongst other things the FFF Strategy contains several Key projects.

In line with the vision, this document outlines how the Council will play its role in to improve the health and wellbeing of the communities within Warwick District and to address the health and wellbeing needs of our own staff. It defines our strategic priorities and presents an action plan – covering the period 2018-19.

Why do we need a strategic approach to Health and Wellbeing?

In 2016 the Council undertook a multi-faceted review of its approach to Health and Wellbeing. The results of the review led to a number of conclusions which will assist the Health Scrutiny & Overview Sub-Committee and Council to have a greater input into the health and wellbeing arrangements of Warwickshire and therefore improve the health and wellbeing of people who live in, work in and visit Warwick District. As a result of the review the following priorities were agreed a part of the Council's approach to health and wellbeing:

- To embed HWB at a strategic level
- To promote HWB to the wider community (Warwickshire Health and Wellbeing Strategy priorities as sub-headings to this priority)
- To address the HWB of our own staff

Public Health

In 2017 the Director of Public Health report stated that in Warwickshire they want everyone to experience good health and wellbeing. However to make this a reality, it was recommended that the attention needs to focus on those who are at greatest risk of harm and enable them to achieve aspirations. The Director of Public Health report focused on vulnerable groups due to the

concern that whilst the health and wellbeing of the Warwickshire population in general has been significantly improved over the years, the health and wellbeing vulnerable groups continues to lag behind.

Although at a Warwickshire level, health and wellbeing is generally reported as good compared to England (see appendix 4). It does mark significant variation in different areas across the county. Warwickshire is ranked in the 20% least deprived local authorities in the country but some of the health outcomes do not reflect this relative affluence. A number of health inequalities exist within the county and require interventions to ensure health and wellbeing needs are met.

The areas within Warwick District which have been identified as statistically significant in 2017/18 were as follows:

- Breastfeeding initiation as 69.1 (per 1,000) compared with the Warwickshire average of 72.1
- Hospital admissions of 125.1 (per 10,000) compared with the Warwickshire average of 124.7
- Incidence of TB 8.1 (per 100,000) compared with compared with Warwickshire average of 8.1
- Suicide rate (aged 10+) 14.4 (per100,000) compared with the Warwickshire Average of 14.4

Warwickshire Health and Wellbeing Strategy

The Health and Wellbeing Board is a Forum for Councillors, commissioners and communities to work with wider partners to address the determinants of health, reduce health inequalities and strengthen our communities. One of the key benefits of the health and wellbeing board is to increase the influence of local people in shaping services. The role of the Health and Wellbeing Board is to help lead and shape the health and wellbeing agenda.

The Health and Wellbeing Board through a series of workshops have agreed to focus on a number of specific areas which support wider priorities. The specific areas for 2018/19 are as follows:

- Making prevention everybody's business (including Out of hospital, Public Health and Community Capacity elements)
- Improving housing and wellbeing
- Ensuring early help for vulnerable children
- Integration and co-location of services

- Adding value to acute service design

The action plan detailed in appendix 2 outlines the work that will be undertaken by the Council in 2018-19 to contribute to a number of the specific areas identified by the Health and Wellbeing Board.

How the strategic aims and objectives will be selected and achieved

The Director of Public Health report 2017 identified a number of statistically significant areas within Warwick District. This information was used to identify the priority areas that the Council can contribute to.

The means by which each of these objectives will be achieved is detailed in the Action Plan presented in the Appendix 3 to this document. The Plan will be updated on an ongoing basis, to reflect updated information and new opportunities as they arise.

Monitoring and reporting

Monitoring of progress made towards meeting the aims and objectives of this strategy will be the responsibility of the Localities and Partnership Officer, reporting through the Head of Health and Community Protection to the Senior Management Team on a half-yearly basis. The strategy will be reviewed annually. The next review is due in September 2018.

Section 2: Health and Wellbeing Approach 2018-2019

Our priorities	Objectives	Indicators	What success looks like
To embed H&WB at a strategic level	<ul style="list-style-type: none"> Ensure our policies, strategies, plans, projects and key decisions address H&WB Engage & enable staff / elected members to incorporate H&WB into their roles Ensure that we are working in partnership to deliver HWB objectives Ensure that the H&W arrangements between stakeholders are working correctly and that feedback loops are established. 	<ul style="list-style-type: none"> Percentage of major decisions subject to health impact assessments (HIA) Percentage of major plans & projects considering health throughout the process Percentage of staff and elected members receiving information and training on HIA 	<p><i>By 30th September 2018:</i></p> <ul style="list-style-type: none"> Staff and elected members have received relevant information and training, and plans are in place for the ongoing identification of training needs Training provided to staff as to how to undertake a Health Impact Assessment Policy is determined for how these will be undertaken and for what decision <p><i>By 30th September 2019</i></p> <ul style="list-style-type: none"> An HIA process has been put in place for key decisions <p><i>By 30th September 2020</i></p> <ul style="list-style-type: none"> The South Warwickshire Wellbeing Group is delivering successful interventions by September 2020 Every key decision, policy strategy and project plan is subject to HIA
Promote Health & Wellbeing in the wider district	<ul style="list-style-type: none"> To ensure that we are contributing towards the outcomes of the Warwickshire Health and Wellbeing Board Strategy and Health and Wellbeing Boards priorities. To have direct and or in direct contributions towards the health indicators of Warwick residents. To map and highlight the contributions that the District Council can have both directly and indirectly on the health of Warwickshire through the routine service delivery. 	<p>Director of public health annual report</p> <p>Health performance indicator statistics</p> <p>EPC Project outcomes.</p> <p>Conditions survey</p> <p>Homelessness</p> <p>Footfall in parks and use of leisure centres/sports clubs</p> <p>Reduction in the number of adults classed as overweight or obese</p> <p>Reduction in self harm figures</p> <p>Reduction in depression diagnosis</p>	<p><i>By 30th September 2018</i></p> <ul style="list-style-type: none"> Training provided to frontline staff in supporting the district achieving the UNICEF Baby Friendly Award Public Buildings throughout the District are recognised under the UNICEF Baby Friendly Award Working with CDW and partners to the NCT's Birth and Beyond Community Peer Support Programme across 4 targeted geographical areas of Lillington East, Brunswick, Sydenham and Warwick West To facilitate work with the Business Community to encourage them to 'sign-up' to the UNICEF Baby Friendly Award Scheme The Council Champions 'Positive Mental Health' (including dementia) To roll out mental health training with frontline workers To work with Housing Advice/ Allocations to address any gaps that exist in terms of supporting tenants with mental health issues <p><i>By September 2019</i></p> <ul style="list-style-type: none"> <i>Develop a range of activities with partners to support those individuals/ groups that are at increased risk of harm/ display vulnerabilities.</i>

			<ul style="list-style-type: none"> • Empower communities to deliver support to tackle mental health and suicide rates and social isolation • Understand the impact that service delivery has on mental health of customers and reflect this understanding in service delivery • The benefits of physical activity are promoted and there is an increased participation, particularly those classed as inactive • Improved uptake/ use of services which reduced inactivity <p>By 30th September 2020</p> <ul style="list-style-type: none"> • Improved housing conditions in which residents live by September 2020 • Reduction in homelessness within the district • The health messages that are being promoted to staff are being demonstrated in their families and friends
To address the H&WB of our own staff	<ul style="list-style-type: none"> • To deliver the health and wellbeing elements of the People Strategy • To reinforce the health champions role. 	<p>Continuous Improvement with respect to assessments against the Workplace Wellbeing Charter</p> <p>Number of challenge participants</p> <p>Number of staff wellness events</p> <p>Visit to the health and wellbeing intranet page</p> <p>Attendance at training</p>	<p>By September 2018:</p> <ul style="list-style-type: none"> • Achieved Workplace Wellbeing Charter renewal • Reviewed & reinvigorated the Health Champions role • Held priority Awareness & Health Check Events • Held staff health and wellbeing challenge events • There is active use of the Health and Wellbeing intranet pages • Training is provided to staff regarding improving and recognising their own and other mental wellbeing <p>By September 2019</p> <ul style="list-style-type: none"> • Links established with partners to deliver staff health and wellbeing activities and or improvements • Move by staff towards more active lifestyles • Active make every contact count ethos in place

Section 3: Action Plan

Strategic Aim 1 - Embedding Health and Wellbeing at a strategic level with the organisation

Priorities –

Ensure our policies, strategies, plans & projects address health and wellbeing

Engage & enable staff/ elected members incorporate health and wellbeing into their roles.

Indicators measures and success:

Ref	Action	Timescale	Status	Indicator Measures	Successes
1.1	To ensure that staff and elected members have receive relevant information & training, and plans in place for the on-going identification of training needs	31 st Sept 2018	Ongoing	Percentage of major decisions subject to health impact assessments (HIA)	
1.2	Training is provided to staff as to how to undertake a Health Impact Assessment	31 st Sept 2018	Ongoing	Percentage of major plans & projects considering health throughout the process	
1.3	A policy is determined for how the HIA will be undertaken and for what decision	31 st Sept 2018	Ongoing	Percentage of staff and elected members receiving information and training on HIA	
1.4	To ensure that an HIA process has been put in place for key decisions	31 st Sept 2019	Ongoing		
1.5	The South Warwickshire Wellbeing Group is developed to deliver successful interventions	30 th Sept 2020	Ongoing		
1.6	That every key decision, policy strategy and project plan is subject to HIA	30 th Sept 2020	Ongoing		

Strategic Aim 2 – Promote health and wellbeing in the wider district

Priorities-

- Achieving the UNICEF Baby Friendly Award
- Public Buildings throughout the District are recognised under the UNICEF Baby Friendly Award
- Champion Positive Mental Health including dementia

Indicator *Measure and successes:*

Ref	Action	Timescale	Status	Indicator Measures	Successes
2.1	Training is provided to frontline staff in supporting the district achieving the UNICEF Baby Friendly Award	31 st Sept 2018	On-going	Director of public health annual report Health performance indicator statistics Focus on those groups that are vulnerable such individuals with a physical or learning disability, obesity, mental health, dementia, substance misuse, alcohol, carers, those experiencing domestic violence and abuse or loneliness and social isolation.	
2.2	Public Buildings throughout the District to be recognised under the UNICEF Baby Friendly Award	30 th Sept 2018	Ongoing		
2.3	Work with CDW and partners to the NCT's Birth and Beyond Community Peer Support Programme across 4 targeted geographical areas of Lillington East, Brunswick, Sydenham and Warwick West	30 th Sept 2018	Ongoing		
2.4	To facilitate work with the Business Community to encourage them to 'sign-up' to the UNICEF Baby Friendly Award Scheme	30 th Sept 2018	Ongoing		
2.5		31 st	Ongoing		

Ref	Action	Timescale	Status	Indicator Measures	Successes
	The Council Champions 'Positive Mental Health' (including dementia)	March 2018			
2.6	To roll out mental health training with frontline workers	30 th Sept 2018	Ongoing		
2.7	To work with Housing Advice/ Allocations to address any gaps that exist in terms of supporting tenants with mental health issues	30 th Sept 2018	Ongoing		
2.8	To create a directory of services to support HWB, councillors and community in their roles	30 th Sept 2018	Ongoing		
2.9	<i>To develop a range of activities with partners to support those individuals/ groups that are at increased risk of harm/ display vulnerabilities.</i>	30 th Sept 2019	Ongoing		
2.10	<i>To empower communities to deliver support to tackle mental health and suicide rates and social isolation</i>	30 th Sept 2019	Ongoing		
2.11	<i>To understand the impact that service delivery has on mental health of customers and reflect this understanding in service delivery</i>	30 th Sept 2019	Ongoing		
2.12	<i>To ensure the benefits of physical activity are promoted and there is an increased participation, particularly those classed as inactive</i>	30 th Sept 2019	Ongoing		

Ref	Action	Timescale	Status	Indicator Measures	Successes
2.13	<i>To improve uptake/ use of services which reduced inactivity</i>	30 th Sept 2019			
2.14	<i>Improve housing conditions in which residents live</i>	30 th Sept 2020			
2.15	<i>To reduce homelessness within the district</i>	30 th Sept 2020			
2.16	<i>To ensure the health messages that are being promoted to staff are being demonstrated in their families and friends</i>	30 th Sept 2020			

Strategic Aim 3 – To address the health and wellbeing of staff

Priorities:

To achieve the workplace Health and Wellbeing Charter

To reinforce the health champions role

To develop event to that promote health and wellbeing amongst staff

Indicator *Measure and successes:*

Ref	Action	Timescale	Status	Indicator Measures	Successes
3.1	To achieved Workplace Wellbeing Charter renewal	30 th September 2018	Ongoing	Continuous Improvement with respect to assessments against the Workplace Wellbeing Charter	
3.2	To reviewed & reinvigorate the Health Champions role	31 st March 2018	Ongoing	Delivery of special projects which contribute to one of more of the priorities of the documents to which we have regard.	
3.3	To hold priority Awareness & Health Check Events	30 th Sept 2018	Ongoing		
3.4	To hold staff health and wellbeing challenge events	30 th Sept 2018	Ongoing		
3.5	To encourage active use of the Health and Wellbeing intranet pages	30 th Sept 2018	Ongoing		
3.6	Training is provided to staff regarding improving and recognising their own and other mental wellbeing	30 th Sept 2018	Ongoing		

Ref	Action	Timescale	Status	Indicator Measures	Successes
3.7	To establish links with partners to deliver staff health and wellbeing activities and or improvements	30 th Sept 2019	Ongoing		
3.8	To encourage the move by staff towards more active lifestyles	30 th Sept 2019	Ongoing		
3.9	Active make every contact count ethos in place	30 th Sept 2019	Ongoing		

WARWICK DISTRICT COUNCIL - MENTAL HEALTH SUPPORT ACTIVITY

Services Areas	What is your service area currently doing to support individuals with mental health issues?	What is your service area planning to do?
Housing Advice Team	<ul style="list-style-type: none"> • The Housing Advice staff will make referral for support from agencies such as P3 and St Basils. • Signposting to mental health services, adult social care • Referral to the Crisis team if the individual presents with acute symptoms. • If the individual has a CPN, with their assistance a referral can be made to Plato Trust for supported accommodation. 	<ul style="list-style-type: none"> • Housing Advice continue to work with the NHS, Public Health, Drug and Alcohol Support Services along with partners in the voluntary sector to support individuals maintain good mental health. • As identified in the Homelessness Strategy we will be developing a Mental Health Protocol for homeless people. • Identify additional training for staff via e learning and /or external providers.
Housing – Sustainable Tenancy Team	<ul style="list-style-type: none"> • If we identify any tenant that has mental health issues or showing signs of, we will see if they are currently receiving any support from any services, if not we will make a referral, we will also write to their GP and raise concerns that we have. • We will often make referrals to the crisis team and if urgent support is 	<ul style="list-style-type: none"> • We currently carry out tenancy update visits, we will visit the tenant and we have compiled a list of questions and they include if they need any support would they like us to make any referrals, if they say no and we feel this would be beneficial we will arrange a joint returning visit and sometimes once they have reflected on this they might reconsider. • Some properties we visit there is a clear

	required we will make a MASH referral especially regarding any vulnerability.	hoarding problem, and as we recognise that this is mental health problem we feel getting all staff to attend hoarding training and consider having a policy as feel should be treated different as currently we do deal within the anti-social behaviour policy
	<ul style="list-style-type: none"> The offer of counselling to staff members who have suffered a loss or home life is impacting on their carry out the their duties 	<ul style="list-style-type: none"> Nothing planned but would like to see more creative options for staff to link into when they have a health and well being issue
Housing Business Admin Team	<ul style="list-style-type: none"> Put our direct line number on correspondence so that customers can easily contact us and avoid a confusing queue or long wait Request a Tenancy Management Officer to visit if someone is struggling to understand a financial request made Provide clear and concise advice both on the phone and in writing particularly when changes happen (to contents insurance or year-end charges Refund quickly when incorrect payments have been made to minimise financial anxiety 	<ul style="list-style-type: none"> Constantly review documentation to improve clarity and currently looking at GDPR
Housing support and Lifeline	<ul style="list-style-type: none"> We provide Lifeline units at a monthly cost to residents all across the UK We have staff who visit our Sheltered Schemes and support tenants Our Staff also visit people in the community who may have higher 	<ul style="list-style-type: none"> We are trying to grow the business by providing a mail order service which hopefully will allow us to reach more people in the UK We are trying to get more of our tenants to sign up to the higher level of service we

	<p>support needs than a tenancy officer would deal with</p> <ul style="list-style-type: none"> • We manage William Wallsgrove House in partnership with Home Group providing support for street homeless who want to recover from various health conditions such as mental health so that they hopefully go on to sustain a tenancy 	<p>provide called lifeline plus which provides much more support beyond the lifeline unit itself</p> <ul style="list-style-type: none"> • We are reviewing the scheme along with another scheme to see if we can provide more bed spaces
Culture	<ul style="list-style-type: none"> • Sport provided directly by our service for example football at our pavilions can be linked to supporting people with mental health issues. • We work closely with Everyone Active to run a broad range of activities at the leisure facilities. • Initial discussions with partners to support older people with mental health issues, such as dementia. • The Sports and Leisure team are aligning their work plans with the Sport England 'working towards an Active Nation' strategy. The strategy recognises as a key objective, the need to encourage those currently inactive populations to participate in some form of regular physical activity. It also recognises that younger people, women, girls and older people are significant, as statistically more likely to be inactive. • The Arts team provide opportunities for older people and dementia groups 	<ul style="list-style-type: none"> • Broadly our service will look to improve participation in sport and physical health in our community, though providing quality facilities and services. • The initiatives from the HOG group influence the discussions with Everyone Active to support some of the key initiatives. • Bring together a number of key partners, Everyone Active, CSW sport, CAVA etc. to start up a number of leisure centre based activities to support dementia groups and older people • As a team we are identifying key partners to work with to specifically target known areas or groups likely to be currently inactive. This requires some adjustment from an historic position of working with the main sports clubs, who have established users. • Sporting national governing bodies must also adapt to the Sport England strategy, which is influencing clubs to consider how they might become more diverse in their


	at the Spa Centre and Pump Rooms, by offering a range of activities including arts and crafts workshops, sports and physical activity, such as short matt bowls and Tai Chi.	<p>offering.</p> <ul style="list-style-type: none"> • The Arts team are willing to consider requests to expand on their current offering.
Neighbourhood Services –open and green spaces team	<ul style="list-style-type: none"> • Improving the parks to encourage people outside improving both health and mental health • Installing new play and outdoor gym equipment giving children and parents more activities outside • Improving park security to stop illegal encampments • Provide outdoor sports eg Bowls and Football encouraging interaction and exercise • Proactive tree management • Community events eg Jungle Club and project Sunflower improving awareness of the environment and nature 	<ul style="list-style-type: none"> • Carry on with improvements • Continue to upgrade playgrounds and install gym equipment • Finish off the programme, giving individuals peace of mind • Continue to provide quality facilities • Improve the tree stock
Finance	<ul style="list-style-type: none"> • Customers who receive additional support via disability benefits can attract additional premiums which can enhance their entitlement to Housing Benefits/Local Council Tax Reduction Scheme (HB/LCTRS). Some of these disability benefit are also ignored for calculation of HB/LCTRS • Severely Mentally Impaired disregard for Council Tax, giving 100% exemption for a sole occupier or 25% reduction for someone living with a 	<ul style="list-style-type: none"> • Improve parks using S106 contributions and council funding where possible

	<p>partner. Again there is an eligibility criteria, which includes being entitled to certain benefits and having a signed confirmation from their GP.</p> <ul style="list-style-type: none"> • Council Tax Disability Reduction whereby the Council Tax Banding is reduced by one band, if they meet the criteria (they must have a 2nd bathroom for meeting the needs of the disabled person, must be using a wheelchair in the property, must have a converted room (not a bedroom) specifically for their sole use). • • Additional face to face support provided if necessary. 	
Health and Community Protection – Community Safety	<ul style="list-style-type: none"> • Use a victim based approach • Use a risk assessment form with complaints • Refer to both statutory service providers and the voluntary sector to support individuals 	<ul style="list-style-type: none"> • Nothing planned
Health and Community Protection – Community Partnership Team	<ul style="list-style-type: none"> • Asset mapping to identify support for individuals with mental health support needs • Use of grant funding to support projects developed by community and voluntary sector e.g. Eco-therapy Project etc • Management a range of contracts with the community hubs to provide support to vulnerable individuals 	<ul style="list-style-type: none"> • This is a key work area for the Team and we will continue to develop support that meets the most vulnerable members of our community

VOLUNTARY SECTOR - MENTAL HEALTH AND WELLBEING ACTIVITY

Organisations	What is your service area currently doing to support individuals with mental health issues?
Brunswick Hub	<ul style="list-style-type: none"> • We provide a registered safe place • Staff are trained in Mental Health First Aid • Support is provided for carers • We spend time with our clients and get to know them • We provide a venue for a variety of mental health services to provide outreach • We run a Dementia Café every week which also provides support and information to carers • We run a supported volunteer programme
Crown routes - Lillington	<ul style="list-style-type: none"> • Use of the café as a way of building relationships and trust with individuals • Provide activities to support and build the resilience of individuals • Development of a Dementia Group for Lillington • Lillington CAF which is a network of agencies to share information and develop partnership working
Sydenham Neighbourhood Initiatives	<ul style="list-style-type: none"> • To build awareness amongst local people of the local services on offer • Support residents who are isolated due to poor physical and mental health • Tackling issues around racial tensions and cultural misunderstandings that feed into issues around social isolation • Offering volunteering opportunities as a means of building confidence and developing skills • Offering access to free internet as a means of developing individuals digital abilities • Offering English as a second language class to improve people's language

	skills
The Gap at the Packmores Centre	<ul style="list-style-type: none"> • Provision of local/accessible services • Utilising hub space as outreach venue for mental health service providers and supporting organisations who deliver support of mental health as a secondary provision of service e.g. Citizens' Advice • Open door policy – The full Outreach Team are always ready to support drop-in requests/cases/needs • Signposting

 WARWICK DISTRICT COUNCIL	Health Scrutiny Sub Committee – 3 July 2018	Agenda Item No. 8
Title	Review of the Work Programme & Forward Plan	
For further information about this report please contact	Lesley Dury, Committee Services Officer, 01926 456114 or committee@warwickdc.gov.uk	
Wards of the District directly affected	N/A	
Is the report private and confidential and not for publication by virtue of a paragraph of schedule 12A of the Local Government Act 1972, following the Local Government (Access to Information) (Variation) Order 2006?	No	
Date and meeting when issue was last considered and relevant minute number	14 March 2018	
Background Papers	N/A	
This report is produced for Scrutiny meetings for governance purposes. It is part of the process for ensuring that the Council is held to account for the decisions it makes or may make.		

1. Summary

- 1.1 This report informs the Sub-Committee of its work programme for 2018 (Appendix 1) and of the current [Forward Plan March to June 2018](#)

2. Recommendation

- 2.1 Members consider the work programme and agree any changes as appropriate.
- 2.2 The Committee to; identify any Executive items on the Forward Plan which it wishes to have an input before the Executive makes its decision; and to nominate a Member to investigate that future decision and report back to the Committee.

3. Reasons for the Recommendation

- 3.1 The work programme should be updated at each meeting to accurately reflect the workload of the Sub-Committee.

4. Background

- 4.1 At each meeting, the Sub-Committee will consider its work programme and the Council's published Forward Plan and make amendments where necessary to its work programme.
- 4.2 Overview & Scrutiny Committee may request that the Sub-Committee undertakes areas of health Scrutiny.
- 4.3 Officers may present reports to the Sub-Committee to seek direction on their content.

- 4.4 Warwickshire County Council, as the lead authority for Health Scrutiny, can ask the District Council to undertake areas of health scrutiny.

Health Scrutiny Sub-Committee
Work Programme 2018

3 July 2018

Title	Where did item originate from	Format	Lead Officer	Membership of Task & Finish	Next report date if applicable	Completion date
Promoting Health & Wellbeing in the wider District – Focus on Mental Health	Health Scrutiny 16 January 2018	Written report	Marianne Rolfe			
Improved housing conditions in which residents live – Action Plan for Promoting Health and Wellbeing in the wider district , ref 2.15	Health Scrutiny 16 January 2018	Written report	Lisa Barker			

22 August 2018

Title	Where did item originate from	Format	Lead Officer	Membership of Task & Finish	Next report date if applicable	Completion date

20 November 2018

Title	Where did item originate from	Format	Lead Officer	Membership of Task & Finish	Next report date if applicable	Completion date
Health & Wellbeing Annual Update Report		Written Report	Marianne Rolfe / Elizabeth Young/ Bernie Allen/ Portfolio Holder		November 2019	Annual report
Annual Status Report – Air Quality Management		Written Report	Matthew Shirley / Michael Jenkins		November 2019	Annual report

Items where a date is to be set

- Care Quality Commission – external speaker
- Policy on Regulating the Private Rented Sector – Health & Wellbeing Aspects (Forward Plan 880) Pre-scrutiny work – *28/11/17 - Response from Ken Bruno on a delivery date – the Council is awaiting the Government to commence various provisions in the Housing & Planning Act 2016 and publish the regulations.*
- Cultural Services – Physical Activity promotion and development – agreed 21 November 2017