Health Scrutiny Sub-Committee

Tuesday 17 September 2019

A meeting of the above Sub-Committee will be held at the Town Hall, Royal Leamington Spa on Tuesday 17 September 2019 at 6.00pm.

Membership:

Councillor Cullinan Councillor Noone
Councillor A Dearing Councillor Redford

Emergency Procedure

At the commencement of the meeting, the Chairman will announce the emergency procedure for the Town Hall.

Agenda

1. Apologies and Substitutes

- (a) to receive apologies for absence from any Councillor who is unable to attend; and
- (b) to receive the name of any Councillor who is to act as a substitute, notice of which has been given to the Chief Executive, together with the name of the Councillor for whom they are acting.

2. **Appointment of Chair**

To appoint the Chair of the Sub-Committee for the ensuing municipal year.

3. **Declarations of Interest**

Members to declare the existence and nature of interests in items on the agenda in accordance with the adopted Code of Conduct.

Declarations should be entered on the form to be circulated with the attendance sheet and declared during this item. However, the existence and nature of any interest that subsequently becomes apparent during the course of the meeting must be disclosed immediately. If the interest is not registered, Members must notify the Monitoring Officer of the interest within 28 days.

Members are also reminded of the need to declare predetermination on any matter.

If Members are unsure about whether or not they have an interest, or about its nature, they are strongly advised to seek advice from officers prior to the meeting.









4. Minutes

To confirm the minutes of the Health Scrutiny Sub-Committee meeting held on 13 March 2019. (Pages 1 to 4)

5. Review of the Work Programme & Forward Plan

To consider a report from Democratic Services. (Pages 1 to 3)

6. Refreshed Health and Wellbeing Action Plan 2019-20

To consider a report from Health & Community Protection. (Pages 1 to 8)

7. Health & Wellbeing Outside Bodies Updates (Standing Agenda Item)

To receive verbal updates from Councillor Redford and Councillor Falp, the Portfolio Holder – Health & Community Protection, who represent the District Council in respect of the WCC Adult Social Care & Health Overview & Scrutiny Committee and the WCC Health & Wellbeing Board.

Published on 9 September 2019

General Enquiries: Please contact Warwick District Council, Riverside House, Milverton Hill, Royal Leamington Spa, Warwickshire, CV32 5HZ.

Telephone: 01926 456114 E-Mail: committee@warwickdc.gov.uk

Enquiries about specific reports: Please contact the officers named in the reports.

You can e-mail the members of the this Sub-Committee at <u>HealthScrutinySC@warwickdc.gov.uk</u>

Details of all the Council's committees, councillors and agenda papers are available via our website www.warwickdc.gov.uk/committees

Please note that the majority of the meetings are held on the first floor at the Town Hall. If you feel that this may restrict you attending this meeting, please call (01926) 456114 prior to this meeting, so that we can assist you and make any necessary arrangements to help you attend the meeting.

The agenda is also available in large print, on request, prior to the meeting by calling 01926 456114.

Health Scrutiny Sub-Committee

Minutes of the meeting held on Wednesday 13 March 2019 at the Town Hall, Royal Leamington Spa at 6.00 pm.

Present: Councillor Parkins (Chair); Councillors Mrs Falp and Mrs Redford.

Also Present: Councillors Phillips and Thompson.

16. Apologies and Substitutes

There were no apologies received.

17. **Declarations of Interest**

There were no declarations of interest.

18. Minutes

The minutes of the meetings held on 20 November 2018 and 15 January 2019 were taken as read and signed by the Chair as a correct record.

19. **JSNA - Wave 1**

The Sub-Committee received a presentation from Ms Van de Venter, the Associate Director – NHS South Warwickshire CCG and Warwickshire County Council on the Joint Strategic Needs Assessment (JSNA) – Wave 1. Wave 1 had been conducted in the South Leamington, Whitnash and Bishop's Tachbrook areas.

The presentation explained what had been done in Wave 1 of the JSNA and as a result, what information had been acquired, such as:

- the areas housing large populations of students in South Learnington had been identified;
- overall life expectancy was good but a disparity between rich and poor areas was noted;
- there were high rates of fuel poverty in Leamington Spa town and the poorer areas;
- transport was not an issue other than in rural areas;
- crime was an issue around Leamington Spa Old Town;
- circulatory diseases, in particular, diabetes, gave cause for concern and work was required for detection and prevention.

As the presentation detailed the work done in Wave 1, Ms Van de Venter talked through the areas that required attention and where the focus would be. She explained that the feedback they had received to identify the issues had been gathered from local residents during four drop-in sessions. Members were provided with an Action Plan arising from Wave 1 of the JSNA which detailed the recommendations, what actions were required and where, and which organisation would be responsible for delivering them.

HEALTH SCRUTINY SUB-COMMITTEE MINUTES (Continued)

Wave 1 research had now been completed; what people required had been identified, and some positive results were already underway. The area was close to having a mental health outreach centre for the homeless.

Wave 2 was about to start and it would look at rural areas such as Cubbington, Lillington and Warwick East.

The Head of Health & Community Protection was asked to circulate all the JSNA areas to Members.

The Chairman thanked Ms Van de Venter for explaining what had happened during JSNA – Wave 1.

20. The Health and Wellbeing Benefits of Warwick District Council's Direct Access Hostel

The Sub-Committee considered a report from Housing Services which explained how funding the Council had received from the Ministry of Housing, Communities and Local Government had been used in a number of initiatives aimed at preventing and reducing rough sleeping within the District.

The most important of these initiatives was William Wallsgrove House, the Council's first Direct Access Hostel.

In response to questions from Members, the Rough Sleeping Strategic Coordinator explained that:

- The Council shared intelligence with other agencies to determine where the homeless were and to gauge the size of the problem.
- The engagement with the hostel had been very positive and there had been a series of initiatives such as:
 - o flu jabs;
 - o financial advice; and
 - Everyone Active being asked to engage with the residents of the new hostel to promote exercise.
- The Council had achieved some success in getting people into private accommodation and supported accommodation.
- The Council had helped some of the homeless to make contact again with their family and friends by facilitating conversations or by engaging with Outreach to reconnect the homeless with family and friends.

Members were pleased to note the phenomenal success the project had had and noted that the Council would need to consider future funding. They thanked the Rough Sleeping Strategic Coordinator for her hard work, who pointed out that recruiting staff in this field was not easy because of the shift work and the transient nature of the "clients".

Resolved that the benefits of the direct access hostel to the health and wellbeing of the Rough Sleeping population be recognised.

(Councillor Phillips left the meeting.)

HEALTH SCRUTINY SUB-COMMITTEE MINUTES (Continued)

21. Health and Wellbeing Approach 2018-19 Annual Update

The Sub-Committee considered a report from Health & Community protection which provided an annual update on the health and wellbeing approach and Action Plan.

Members noted that the Council had delivered quite a lot of the Action Plan.

In response to questions from Members, the Localities & Partnerships Officer and the Head of Health & Community Protection explained that:

- Housing Services dealt with hoarding issues, so that service would have to answer that question.
- It was difficult to engage with ex-Forces/Veterans to help them because they often had issues building trust with other people.
- The difficulty promoting breastfeeding was often getting mothers to start breastfeeding, but the Council had now made all of its buildings breastfeeding-friendly. Everyone Active had also made its premises breastfeeding friendly. This now needed to be properly communicated before it could be shown as completed and removed from the Action Plan.
- Falls were going to become a priority on the Action Plan. The JSNA had identified this as a problem needing attention.

The Chairman thanked the Localities & Partnerships Officer for explaining the Action Plan to Members.

22. Review of the Work Programme & Forward Plan

The Sub-Committee considered a report from Democratic Services which informed it of its work programme for 2018/19 and the current Forward Plan for March 2019 to June 2019.

The Sub-Committee felt that more Members were required on the Sub-Committee next year and would raise this with the Overview & Scrutiny Committee.

Resolved that:

- (1) "The Year of Wellbeing" be added to the Work Programme for the first main meeting;
- (2) JSNA Final Report be changed to JSNA Wave 2 Report for a date yet to be determined;
- (3) JSNA Waves 3 and 4 reports be presented in 12 months' time;
- (4) "Review of the Health & Wellbeing Approach and Action Plan" be added to the Work Programme for the next meeting;
- (5) "Promoting Health & Wellbeing in the wider District Focus on Mental Health" be removed

HEALTH SCRUTINY SUB-COMMITTEE MINUTES (Continued)

from the 23 July 2019 meeting and replaced with "Action Plan for Falls"; and

(6) a report giving a re-review on the Homeless be presented to the Sub-Committee at a date yet to be determined.

23. Health & Wellbeing Outside Bodies Updates (Standing Agenda Item)

Warwickshire County Council Adult Social Care & Health Overview & Scrutiny Committee

Councillor Mrs Redford reported that she had already circulated minutes from the last meeting to Members. The Committee would be examining the Ambulance Service again because it was not hitting target times to incidents.

Warwickshire County Council Health & Wellbeing Board

Councillor Thompson, Portfolio Holder – Health & Community Protection reported that the Year of Wellbeing was off to a flying start and newsletters would be published. Parish Councils and the public would be encouraged to sign up for newsletters. He had spoken with WALC two weeks ago because it was felt that parish councils were not engaging with the process.

(The meeting finished at 7.35 pm)

CHAIRMAN 17 September 2019

WARWICK September 2019 COUNCIL	nmittee – 17	Agenda Item No. 5
Title	Review of the V	Vork Programme &
	Forward Plan	
For further information about this	Patricia Tuckwe	ell, Committee Services
report please contact Officer, 01926 456114 or		456114 or
	committee@warwickdc.gov.uk	
Wards of the District directly affected	N/A	
Is the report private and confidential	No	
and not for publication by virtue of a		
paragraph of schedule 12A of the		
Local Government Act 1972, following		
the Local Government (Access to		
Information) (Variation) Order 2006?		
Date and meeting when issue was	13 March 2019	
last considered and relevant minute		
number		

This report is produced for Scrutiny meetings for governance purposes. It is part of the process for ensuring that the Council is held to account for the decisions it makes or may make.

N/A

1. **Summary**

Background Papers

1.1 This report informs the Sub-Committee of its work programme for 2019 (Appendix 1) and of the current <u>Forward Plan October 2019 to January 2020</u>

2. Recommendation

- 2.1 Members consider the work programme at Appendix 1 to the report and agree any changes as appropriate.
- 2.2 The Committee to: identify any Executive items on the Forward Plan which it wishes to have an input before the Executive makes its decision; and to nominate a Member to investigate that future decision and report back to the Committee.

3. Reasons for the Recommendation

3.1 The work programme should be updated at each meeting to accurately reflect the workload of the Sub-Committee.

4. Background

- 4.1 At each meeting, the Sub-Committee will consider its work programme and the Council's published Forward Plan and make amendments where necessary to its work programme.
- 4.2 Overview & Scrutiny Committee may request that the Sub-Committee undertakes areas of Health Scrutiny.
- 4.3 Officers may present reports to the Sub-Committee to seek direction on their content.
- 4.4 Warwickshire County Council, as the lead authority for Health Scrutiny, can ask the District Council to undertake areas of health scrutiny.

<u>Health Scrutiny Sub-Committee</u> <u>Work Programme 2019/2020</u>

17 September 2019

Title	Where did item originate from	Format	Lead Officer	Membership of Task & Finish	Next report date if applicable	Completion date
Appointment of Chairman for the Municipal Year						
Year of Wellbeing	Health Scrutiny March 2019	Written Report	Marianne Rolfe			
Action Plan for Falls	Health Scrutiny March 2019	Written Report	Marianne Rolfe			
Review of the Health & Wellbeing Approach and Action Plan	Health Scrutiny March 2019	Written report	Marianne Rolfe			

19 November 2019

Title	Where did item originate from	Format	Lead Officer	Membership of Task & Finish	Next report date if applicable	Completion date
Report to go to O&S on the future of Health Scrutiny Sub- Committee (to be presented to O&S 17 December 2019)	O&S May 2019	Written report	Marianne Rolfe			
Annual Status Report – Air Quality Management	Annual report, last considered in November 2018	Written report	Head of Health & Community Protection		November 2020	Annual Report

14 January 2020

Title	Where did item originate from	Format	Lead Officer	Membership of Task & Finish	Next report date if applicable	Completion date

19 February 2020

<u></u>						
Title	Where did item originate from	Format	Lead Officer	Membership of Task & Finish	Next report date if applicable	Completion date
Action on Homelessness update. (Update from March 2019 report on WDC's Direct Access Hostel)	Health Scrutiny March 2019	Written Report	Housing Services			
JSNA Waves 3 & 4	Health Scrutiny March 2019	Written Report	Marianne Rolfe			
Health & Wellbeing Annual Update Report		Written Report	Marianne Rolfe / Elizabeth Young/ Bernie Allen/ Portfolio Holder		March 2019	Annual report

Items where a date is to be set

- JSNA Wave 2
- Care Quality Commission external speaker
- Policy on Regulating the Private Rented Sector Health & Wellbeing Aspects (Forward Plan 880) Pre-scrutiny work 28/11/17 Response from Ken Bruno on a delivery date the Council is awaiting the Government to commence various provisions in the Housing & Planning Act 2016 and publish the regulations.
- Cultural Services Physical Activity promotion and development agreed 21 November 2017
 Item 5 / Page 3



HEALTH SCRUTINY SUB COMMITTEE – 17TH September 2019

Agenda Item No. 6

Fitle: Refreshed Health and Wellbeing Action Plan 2019-20

For further information about this report please contact	Marianne Rolfe Head of Health & Community Protection
	01926 456700 Marianne.rolfe@warwickdc.gov.uk
	Bernadette Allen Localities and Partnership Officer
	01926 456020 Bernadette.Allen@warwickdc.gov.uk
Wards of the District directly affected	All
Is the report private and confidential and not for publication by virtue of a paragraph of schedule 12A of the Local Government Act 1972, following the Local Government (Access to Information) (Variation) Order 2006?	No
Date and meeting when issue was last considered and relevant minute number	
Background Papers	Health and Wellbeing Approach 2018-19 Annual Update – 13 th March 2019

Contrary to the policy framework:	No
Contrary to the budgetary framework:	No
Key Decision?	No
Included within the Forward Plan? (If yes include reference number)	No
Equality and Sustainability Impact Assessment Undertaken	Yes

Officer/Councillor Approval				
Officer Approval	Date	Name		
Chief Executive/Deputy Chief		Andrew Jones		
Executive				
Head of Service	02/09/19	Marianne Rolfe		
CMT		Andrew Jones		
Section 151 Officer				
Monitoring Officer				
Finance		Mike Snow		

Portfolio Holder(s)	04/09/19	Councillor Judy Falp					
Consultation & Community Engagement							
An Audit/ mapping exercise was undertaken with key Service Areas - 28th June 2019							
Final Decision? No							
Suggested next steps (if not final decision please set out below)							
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SUMMARY

1.1 The report outlines the refreshed Warwick District Council Health and Wellbeing Action Plan for 2019-20 here

2. RECOMMENDATION

2.1 That the committee note the work to be undertaken around Health and Wellbeing during 2019-20

3. REASONS FOR THE RECOMMENDATION

3.1 A review of the Health and Wellbeing approach has been undertaken and as a result a refreshed Health and Wellbeing Action Plan has been developed.

4. POLICY FRAMEWORK

4.1 Fit for the Future (FFF)

The Council's FFF Strategy is designed to deliver the Vision for the District of making it a Great Place to Live, Work and Visit. To that end amongst other things the FFF Strategy contains several Key projects.

The FFF Strategy has 3 strands – People, Services and Money and each has an external and internal element to it. The table below illustrates the impact of this proposal if any in relation to the Council's FFF Strategy.

FFF Strands						
People	Services	Money				
External						
Health, Homes, Communities	Green, Clean, Safe	Infrastructure, Enterprise, Employment				
Intended outcomes:	Intended outcomes:	Intended outcomes:				

 Improved health for all Housing needs for all met Impressive cultural and sports activities Cohesive and active communities 	 Area has well looked after public spaces All communities have access to decent open space Improved air quality Low levels of crime and ASB 	 Dynamic and diverse local economy Vibrant town centres Improved performance/ productivity of local economy Increased employment and income levels
Impacts of Proposal		
details on the interventions being delivered by the council towards aimed at improving the	Elements of cross over in this objective is the positive impact having a green, clean and safe environment can have on the quality of life for our residents.	None
Internal		
Effective Staff	Maintain or Improve Services	Firm Financial Footing over the Longer Term
 All staff are properly trained All staff have the appropriate tools All staff are engaged, empowered and supported The right people are in the right job 	 Focusing on our customers' needs Continuously improve our processes Increase the digital provision of services 	Better return/use of our assets Full Cost accounting Continued cost management Maximise income earning opportunities

with the right skills and right behaviours		Seek best value for money
Impacts of Proposal		
Ensuring that Staff Health and Wellbeing is provided for	Ensuring that the Health and wellbeing interventions are built into service delivery	None

4.2 Each strand of the FFF Strategy has several supporting strategies and the relevant one for this proposal are the Health and Wellbeing Approach. This report demonstrates the interventions being undertaken across the council to deliver the councils approach

5. BUDGETARY FRAMEWORK

5.1 There are no specific budgetary requirements

6. RISKS

6.1 There are no risks proposed in this report

7. ALTERNATIVE OPTIONS CONSIDERED

7.1 None

8. BACKGROUND

- 8.1 The Health and Wellbeing Approach has three strands:
 - To embed HWB at a strategic level
 - To promote HWB to the wider community (Warwickshire Health and Wellbeing Strategy priorities as sub-headings to this priority)
 - To address the HWB of our own staff
- 8.2 The section below details the progress made against each of the priorities in the Council's Health and Wellbeing Approach during 2018-19:

Work undertaken at strategic level - Objective 1

- A draft Health Impact Assessment has been produced, with the intention of including it in the guidance for all committee reports to demonstrate how any report considers the health and wellbeing impacts.
- Training has been provided for staff on:

- Mental Health First Aid a programme designed to teach how to spot the signs and symptoms of mental health conditions and provide help on a first aid basis.
- MECC (Making Every Contact Count) designed to enable officers to sign post, where appropriate, impart key messages and awareness of the support available, the aim being to embed MECC culture throughout the council.
- The internal Health and Wellbeing Officers Group (HOG) has been up and running for over a year and regularly collates the interventions that are occurring across WDC which impact upon the Health and Wellbeing agenda. The group has been instrumental in evaluating the evidence of key health and wellbeing strategy documents and proposing future priorities and potential actions which WDC could be taking to further deliver against this agenda.
- In January 2018 the HOG action plan was developed with a number of Health and Wellbeing priorities. The priorities were identified through a review of the Director of Public Health's Report, Health and Wellbeing Board priorities and the outcomes of the last Joint Strategic Needs Assessment (2016) for the District. The aim of the action plan is to capture all the Health and Wellbeing activity from across the Council.
- The South Warwickshire Health and Well Being Partnership has developed a 'South Warwickshire Integrated Care Partnership Concordat'. The vision for the Concordat is 'working collaboratively to enable South Warwickshire residents to pursue and achieve happy, healthy lives within well-connected communities'.

Work undertaken to promote HWB in Wider District - Objective 2

- The Warwick District Walking for Health Scheme has developed a number of regular Health Walks in the District. A video has been produced as a way of highlighting the positive impact of Walking of Health and is being used to promote and increase the number of walking for health groups across the District.
- The Dementia Network has been launched as a mechanism for helping Warwick District become a dementia friendly community.
- Work was undertaken in partnership with the Specialist Health Visitor Infant Feeding Lead from the South Warwickshire NHS Foundation Trust for Warwick District Council to achieve and be recognised as a 'breastfeeding friendly Council'. Training sessions were delivered to all frontline staff based at Riverside House, the Town Hall, the Spa Centre and Pump Rooms.
- The NCT has now established a number of breast feeding peer support groups which are operating in Kenilworth, Warwick and Leamington.

- A Veterans Referral Point has been established at Riverside House to provide support to veterans, their families and carers. This commenced on 25th February 2019. Frontline staff have also been trained on how to effectively signpost veterans their families or carers visiting Riverside House to the range of armed forces support services where needed. In addition the Royal British Legion are delivering monthly Advice and Information session where veterans, their families or carers can meet someone on a face to face basis to raise any issues.
- A number of Community Hubs across the District commissioned by the District Council to deliver community services, have health and wellbeing included as a key component of their contract.

For example:

- At the Sydni Centre the Women's Group provides an opportunity for ladies to pop in for a chat and join in different activities each week.
- Crown Routes Community Café opens 3 times a week where people in the community can get a nutritious meal and access support.
- Brunswick Hub provides services for over 55's.
- The Packmores Centre delivers activities and services including debt advice, holiday play-schemes and general advice and information.
- working with Everyone Active across the district to offer wide range of activities to communities including those who otherwise may not lead active lifestyles.

Work undertaken to address HWB of WDC Staff - Objective 3

To ensure there is a co-ordinated approach to the Health & Wellbeing agenda the Council is supporting the following initiatives:

a.) <u>Thrive at Work - Wellbeing Commitment</u> West Midlands Combined Authority has cr

West Midlands Combined Authority has created the 'Thrive at Work Wellbeing Commitment' with criteria and guidelines to help create a workplace that promotes employee health and well-being. There are 3 accreditation levels: Bronze, Silver and Gold and 5 key themes to the award 'Enablers of health', 'Lifestyles', 'Mental Health', 'Musculoskeletal Health' and 'External Risks'. This will link with our existing WDC Health & Wellbeing agenda to ensure that we meet the standards identified.

b.) Coventry and Warwickshire Year of Health & Wellbeing 2019
The aim is to celebrate and promote the wide range of valuable local activity available to enhance people's wellbeing, resilience and independence. The Year of Wellbeing aims to increase the number of opportunities for people to think about what good

wellbeing means to them, and take positive action. The Council has pledged to support the Year of Wellbeing through a number of actions within the Health and Wellbeing approach.

c.) Health & Wellbeing Scheme (BUPA)

Following the launch of the Health and Well-being (BUPA) Cash Plan membership scheme in June 2018 for WDC employees, 251 have enrolled to date, 50% of the establishment. As at $31^{\rm st}$ January 2019 the cost of the scheme to WDC is £7,600 and claims totalling, £11,700 have been paid out to staff. Since the motivational BUPA Boost App was launched, there have been 33 staff utilising the 'app' and achieving their goals. The 'app' has had 16,834,284 steps logged and 8462 goals logged which are a mix of relaxation, mindfulness, fitness and nutrition which are set by individuals for their own motivation.

This membership entitles staff to 'claim back' some (or all) of the costs incurred on everyday health costs through existing NHS services e.g. dental work, or other therapies such as physiotherapy.

It offers benefits such as: Dental and optical treatments and services; hospital stays - NHS or private; cashback on prescriptions; cover for WDC employee plus 4 dependants (up to the age of 24, not required to be in full-time education); a portal/app to ensure immediate reimbursement for services; partners or upgrades to the next level of the membership can be accessed directly with BUPA; confidential counselling for areas such as managing change, bereavement, stress, anxiety and depression.

The intranet 'Health and Wellbeing' page is now established to provide informative and interactive articles and signposting for users. The use of the page is being monitored and from May 2017 to Feb 19 it has achieved 450 views with an average of just over a minute spent reviewing it. The page gives links to Wellbeing Articles provided by external partners and colleagues, useful websites e.g. Everyone Active etc. We have also started a Health Events Calendar from information provided by colleagues on different events within the district.

There are now 9 Employee Support Officers (ESO's) to further support/signpost staff with both work-related and personal issues. The ESO scheme has now been in place for 11 years and has provided invaluable support to staff.

'Flu' jabs are available to all staff at a reduced rate. 52 staff received this inoculation in 2018, an increase from 27 in 2016. Relevant Health messages are also highlighted to staff via the intranet e.g. 'Preventing the spread of flu'.

The Five Ways to Wellbeing are:

- Be active physical activity
- Connect building connections and social networks
- Give acts of giving and kindness
- Keep learning learning new skills
- Take notice being more aware of the present moment, including thoughts and feelings

Under the 'GIVE' theme, staff are encouraged to share the volunteer and charity work they have undertaken in their own time. WDC promotes this on its intranet to demonstrate the different types of activities that individuals could take part in, but may not have considered.

Within learning and development there is a comprehensive calendar of learning opportunities which promotes the benefits of "keep learning" to staff, in addition there is a range of courses which will enhance the feeling of goodwill for staff as they carry out their work, such as lone working, IOSH Managing Safely & IOSH Working Safely

8.3 **Key priorities for 2019-20**

The Warwickshire Health and Wellbeing Board has recently refreshed its priorities for 2019 to reflect and respond to the rapidly changing context for health and social care. The refreshed strategy is aligned to the work of the Joint Coventry and Warwickshire Boards (the Place Forum) with a greater focus on prevention, better understanding of local need, and a more integrated approach to health care across partners. The high level priorities will continue to be:

- Promoting independence to prevent ill-health, disability and dependence on services. A greater focus on prevention, self care and early intervention is vital at all stages of life to support people to be more independent.
- Community resilience communities are important for physical and mental wellbeing, where people support each other, and feel able to influence decisions about their area. Social isolation, unemployment, financial or relationship problems make it harder for people to cope. Stronger communities are needed with local people developing support networks and having a role in planning services they need
- Integration and working together services across sectors need to work together to provide support as effectively as possible, and with greater focus on prevention and early intervention.
- 8.4 The Council has developed the Health and Wellbeing Action Plan detailing the contributions supporting the Warwickshire Health and Wellbeing Strategy.